

JANUARY 2026 EDITION

IOAPA | ARETE

2025 IOAPA OLYMPIA SESSION

Between June 21st and 27th, we had our 19th IOAPA Session in Ancient Olympia. Dozens of our Members and guests spent days full of energy and Olympic Spirit in Olympia. Take a look back at the [page 6!](#)



REVISITING AND REMEMBERING



Andrew Shields returned to Olympia after a 36-year absence. Why did he leave it so long? Back at the IOA after working on so many editions of the Olympic Games, he reflected on his feelings upon returning to such a special place for all of us. Read his inspiring and fascinating story on the [page 8...](#) maybe it will inspire you to come back!



SUSTAINABILITY AS A BUSINESS MODEL

Legacy and Sustainability Deputy Director of the Santiago 2023 Pan American Games and Director of the Asunción 2025 Junior Pan American Games, Alejandro Bacot writes on the [page 12](#) about the importance of this topic in global events, aligning with the principles of Agenda 2020+5 developed in the last few years by the IOC – International Olympic Committee.



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MATEUS NAGIME (BRA)

EDITORIAL

I would like to wish all our readers a Happy Olympic Year! May 2026 be full of good things and happy memories. All the best to our members in Milano Cortina 2026 and Dakar 2026!

I would like to sincerely thank all IOAPA members for their support in my two elections. Unfortunately, I decided that it was best for both myself and the Executive Committee to resign from my position as Newsletter Editor. This decision was taken with seriousness, but also with sadness. I am sorry that I will not be able to complete my term, but I am confident that whoever succeeds me will have our full support and will continue the important role of editing Arete. As soon as the Executive Committee decides on the new Newsletter Editor (in accordance with Article 16 of our Statutes), I will be happy to hand over control of our email account and all the necessary tools to keep Arete running.

I would especially like to express my gratitude to Angela Stanescu (ROU), Björn Galjaardt (AUS), Christian Kern (BRA), and Christina Zarndt (USA) for their participation in the subcommittee, as well as Laurel Brassel Iversen OLY (USA), Megan Ritch (USA), and Rafael Mendoza (MEX) for their help with article selection and proofreading over the years. I would also like to thank everyone who submitted articles or made suggestions. As I have always said, this newsletter exists because of — and for — you, our dear IOAPA community.

This edition also marks a design revolution, thanks especially to Christian Kern. I am pleased to leave Arete while helping to introduce a new look to our 26-year-old newsletter. Please let us know what you think, and we hope to continue improving.

As Douglas Adams wrote so well in *The Hitchhiker's Guide to the Galaxy*, "so long, and thanks for all the fish". The good memories will remain, and I'm sure the future will be bright.

With Olympic Regards,
Mateus Nagime
(Former) Newsletter Editor



XAVIER JEANNIN (FRA)

LETTER FROM THE PRESIDENT

Dear Alumni, members, partners, and friends across the global Olympic and academic community,

2025 was an exceptional growth, meaningful collaboration, and a shared commitment to Olympism and Paralympic ideals.

Guided by our core values—Excellence, Friendship, and Respect (Olympic); Courage, Determination, Inspiration, and Equality (Paralympic); and the principles of solidarity, inclusion, and dignity for all—our community has continued to amplify the universal role of sport as a force for education, empowerment, and cultural connection.

This year, our association reached historic milestones:

- 140+ new members joined, marking a record year of expansion
- Our network now spans 90+ nationalities across more than 90 countries
- Digital engagement surged since July: +305% on LinkedIn, +196% on Instagram, and +142% on Facebook

These achievements reflect the truly universal spirit of Olympism and the strength of our growing global community.

Olympia once again inspired the world through powerful ceremonial moments, including the poetic cloud within the flame at the Lighting Ceremony and the symbolic passing of the Olympic fire from Greece to Italy during the Handover Ceremony. These moments guide us toward the upcoming Winter Olympic Games in Italy and key international gatherings that will further strengthen our global mission.



XAVIER JEANNIN (FRA)

LETTER FROM THE PRESIDENT

Looking ahead, 2026 opens an exciting new chapter, including:

- A new cycle of webinars
- The launch of a structured mentoring and career-support program, including a job-focused track for alumni pursuing new professional opportunities
- Continued global dialogue across cultures, regions, and disciplines
- A leadership transition welcoming Monika, our incoming Secretary, succeeding Ashley since december.

During this season of reflection, we also honour those who are no longer with us. Their legacy continues to inspire our path forward, reminding us that our mission is part of something greater than ourselves.

Finally, thank you to everyone who supported our association this year. Your time, energy, expertise, and belief in this community have made our progress possible. This network grows, learns, and leads because of you.

May 2026 bring deeper inclusion, stronger opportunities, and continued unity through sport, education, and shared values.

Warm regards,

President

International Olympic Academy Alumni



This and all photos from the 2025 IOAPA Olympia Session by George Skouloudis

2025 IOAPA OLYMPIA SESSION

Between June 21st and 27th, some of us met in Greece to spend days full of energy and Olympic Spirit in Olympia. Let's take a look back!

After a successful Online Session, we all met once again in Olympia to enjoy the fresh air of a place we have all come to call home. Forty-six people, including members and guests, spent one magical week under the Greek sun.

We had five amazing guest speakers. Andrew Shields (GBR) spoke about his experiences in “Bidding for and Hosting Olympic Games and other Mega Sporting Events”. Jim Parry (GBR) delivered a lesson on the definitions of sport and e-sport and the role of AI. Yoav Dubinsky (ISR) presented “Paris 2024 to LA28: Challenges and Opportunities in the New Era of the Olympic Movement”, while Irena Martinkova (CZE) addressed “Transgender Athletes and Differences in Sex Development”. Also, Jacqueline Simoneau OLY (CAN), who unfortunately could not be present, spoke via Zoom about her experience as an athlete and mental and physical care.

We also had an address by Marilena Soukera (GRE), as departing IOAPA President, Xavier Jeannin (FRA), as the incoming IOAPA President, just after the official transition, and from Richard Koo (CAN), then Immediate Past President, who spoke on “Developing Leadership Skills and Building Organizational Relationships”. Makis Asimakopoulos (GRE) also delivered a presentation, as did Laurel Brassey Iversen OLY (USA), speaking about the Hans Van Haute Scholarship Project, in collaboration with Magna Grecia Agritourism.

MATEUS NAGIME (BRA)

Mateus Nagime was a member of the Organising Committee for the 2025 IOAPA Olympia Session, headed by Laurel Brassey Iversen OLY (USA), and brings a short summary of what happened there.



On that note, she presented the four Hans van Haute scholars who could be present in Olympia: Joseph Oluka (UGA) and Dinkey Bandara (SRI), recipients of full scholarships, and Ana Luisa Dos Reis de Almeida (BRA) and Gerardo Levi (MEX), recipients of partial scholarships.

Among other activities, we had a visit to Mycenae, an amazing IOA pool dinner on our first night, dinner hosted at the Europa Hotel, a dinner and tour at Magna Grecia Agritourism, where we recognized the efforts of the Karabalas Family towards IOAPA, a Tour of a local honey farm, a tour of the Athens 2024 Archive, by Kostas Georgiadis (GRE), our IOA Dean, a Beach Day, the traditional pool party, and a highly competitive Hans van Haute Action, with participation of some MaiSI students. We welcomed local kids from Olympia into the IOA grounds to celebrate together the Olympic Day, on June 23rd. It was a magical opportunity, full of Olympic Spirit.

During both the Online and the Olympia Session, we also drew places for the 2026 Milano Cortina Winter Olympic Games Torch Relay. Megan Ritch was the first on our list and she was our sole representative this past November in Olympia. The official reports for both the Olympia and the Online Sessions are available, with all information compiled. In the next pages, you can also read an article written by Andrew Shields on his experience returning to the IOA after many decades, and a concise version of the Richard Koo's speech in Olympia.



REVISITING – AND REMEMBERING...

Andrew Shields returned to Olympia after a 36-year absence. Why did he leave it so long?

I was among the group of participants at the 1986 General Session who didn't want our experience at the IOA to end with the Closing Ceremony. With Laurel Brassey Iversen (USA), Ingolfur Hannesson (ISL), and Yiannis Zoumpoulis (GRE) to the fore, the idea of a reunion session emerged.

Three years later, and with the blessing of IOA President Dr. Nikolaos Nissiotis, 61 former delegates met again in Olympia to renew friendships and share memories. By the end of that gathering, the International Olympic Academy Alumni Association, now known as the International Olympic Academy Participants Association, had been born.

This summer, I returned to Olympia for the first time since that 1989 reunion. As the coach from Athens drove up the gentle slope from the main gate and the sports pitches, swimming pool, and athletics track came into view, followed by the distinctive accommodation blocks, I felt a deep and profound sense of wistfulness. Why, why, why, had it taken me half a lifetime to come back?

Returning to a place that once evoked deep emotions, or reconnecting with long-ago friends, always carries a risk. That, in the intervening years, nostalgia has overtaken reality and allowed false memories to creep in.

ANDREW SHIELDS (GBR)

Andrew is a strategic communications specialist working for global event bidders, rights holders, organising committees, federations, and sponsors across sport, business and culture.

As the coach parked above the main IOA buildings and the panorama of the ancient landscape in which the Academy sits opened up, I immediately realised that there was no risk involved in coming back. The place was just as beautiful and evocative as I'd remembered.

It was only a pity that 36 years of work, family, kids, and the endless grind of everyday life had kept me away. I resolved then that I will make every effort to return whenever I can.

The old communal dormitories are now simple and smart one- and two-bed en-suites. Gone too are the rustic huts where we met for discussion groups, and sometimes returned after dark despite being told in no uncertain terms that this was forbidden. In their place are a stylish conference centre, modern meeting rooms, and the Athens 2004 Historic Archive.

Everything else, though, is the same. The Coubertin Grove and stele. The beautiful trees, many bearing scorch marks from the wildfires that have more than once threatened the area. And, of course, the marble steps leading down from the restaurant and café, where generations have sat, made or renewed friendships, dreamed of changing the world, and planned how to put the power of Olympism into action.

Several friends from 1986 and 1989 were at this summer's session. Some, sadly, were not, and we remembered them. Everything changes, but some things will never change.

I left, looking forward to the next time.





RICHARD KOO (CAN)

7th IOAPA President
(2015-2023). A version of
this speech was read at
the IOAPA Session in
Olympia on 22 June 2025.

DEVELOPING LEADERSHIP SKILLS AND BUILDING ORGANISATIONAL RELATIONSHIPS

Leadership within IOAPA, for me, has always been about giving something back. It is about working with others to achieve outcomes that none of us could reach alone, and contributing to a community shaped by the shared experience of Olympia.

Reflecting on my time, I came across a definition of leadership from a Canadian leader whom I deeply admire: “Leadership is an acceptance of responsibility rather than the assumption of power.”

That sentence captures IOAPA leadership particularly well. From the moment you accept responsibility, something changes. People begin to watch your actions more closely. Your words carry greater weight. Your behaviour starts to represent more than just yourself—it reflects the organisation and the values it stands for. This is an aspect of leadership we do not always speak about openly, but it shapes everything that follows.

Collaboration is central to IOAPA, but it is not always easy. Our membership and Executive Committee bring together different cultures, professional backgrounds, and life experiences. Leading in this environment requires patience, empathy, and a willingness to navigate differing expectations while maintaining a clear sense of shared purpose.

Working collaboratively sounds simple, but in practice it can be challenging. Leadership within IOAPA is not about directing people, but about creating the conditions for others to contribute their best ideas and energy—building trust, encouraging participation, and ensuring that difference is treated as a strength rather than a barrier.

When I was first approached about running for President, my initial instinct was to say no. As leadership roles have not always come naturally to me, nor did I feel like ready for this role. But as the days passed during the IOAPA Session in 2015 and the more I thought about it, I realized that I needed to shift the question from whether I wanted the role to whether I was willing to serve. That reframing ultimately led me to step forward.

Much of my experience in sport and in my professional life has been as an outsider, and that perspective shaped how I approached leadership in IOAPA. I was particularly conscious that many IOA participants leave Olympia after a powerful and formative experience, but without a clear pathway to remain connected to the Olympic Movement.

This was also my own experience. I felt that if I could share what I had learned, help create connections, or encourage others to re-engage in ways that were meaningful to them, this would be a valuable contribution to the Association.

Leadership also requires pragmatism. Accepting responsibility means being honest about what is possible, particularly in moments of disruption. Ambitious ideas matter, but they must be matched with the capacity to implement them. Promising outcomes without a credible path to delivery risks becoming performance rather than leadership, and ultimately does not serve members well.

One of the most important organisational partnerships for IOAPA is, of course, with the International Olympic Academy itself. That relationship was tested—and strengthened—during the pandemic years of 2020 and 2021.

For IOAPA, the pandemic forced us to adapt how we delivered our programs and how we engaged our membership. Rather than pause activity, we activated the collective expertise of our members to respond to a shared challenge. In 2020, IOAPA members worked directly with the IOA to design and deliver the virtual format for the Young Participants Session.

Together, we developed an engaging, week-long online program that incorporated many of the educational, cultural, and social elements of the Olympia experience—this time delivered virtually. While it could not replace being in Olympia, it demonstrated that meaningful participation, dialogue, and community could still be created in a digital environment.

This collaboration did more than address an immediate crisis. It created new models for the future—models that promise greater access, broader engagement, and increased transparency for IOA programs.

IOAPA’s Memorandum of Understanding with the Canadian Olympic Committee—the Association’s first such agreement—was similarly grounded in established personal relationships. Drawing on existing connections with the COC, discussions focused on identifying areas of shared purpose rather than proposing a new partnership in abstraction.

Both organisations recognised Olympic Education as a common priority, leading to this collaboration and the sharing of the experience of Canadian Olympic Schools Program with IOAPA’s global membership. These same relationships facilitated the hosting of IOAPA gatherings at Canada Olympic House during the PyeongChang 2018 Olympic Winter Games and again at the Paris 2024 Olympic Games. The partnership emerged not from a cold approach, but from pre-existing connections and trust built over time.

IOAPA’s long-term partnership with Magna Grecia reflects a similar trajectory. What began as informal interactions—including off-site visits, the traditional dinner at the Olive Farm during past IOAPA sessions, and Laurel Brassey Iversen’s longstanding personal friendship with the property’s owner Franca Magrini—gradually developed into a formal collaboration through the Hans van Haute Scholarship Fund. Over the past two sessions, this partnership has provided fully funded scholarships and travel bursaries for members from underrepresented countries to attend the IOAPA Session in Olympia. The longevity and impact of this relationship underscore the importance of personal connection as the foundation for effective organisational agreements.

In Canada, we often say, “Leave the place better than how you found it.” That principle guided my approach throughout my years of leadership.





SUSTAINABILITY AS A BUSINESS MODEL

Legacy and Sustainability Deputy Director of Santiago 2023 Pan American Games and Director of Asunción 2025 Junior Pan American Games, Alejandro Bacot writes on the importance of the topic in global events

Sustainability has become an essential pillar in the organization of international sporting events. Both Santiago 2023 and ASU 2025 were no exception. In my view, incorporating international standards in these instances is not only an ethical and environmental obligation, but also a strategic opportunity to position the region as a benchmark in the responsible management of major events.

First, having international standards — such as ISO 20121 for sustainable event management — makes it possible to establish clear guidelines for all areas, from infrastructure construction to day-to-day operations. This generates coherence, transparency, and credibility, key factors for attracting the interest of international organizations and sponsors who prioritize sustainable practices.

Furthermore, it is important to emphasize that this is not only about sustainability in terms of environmental impact. We are also talking about economic impact, social impact, and the creation of new governance models within sports organizations. These elements allow us to rethink how decisions are made, how benefits are distributed, and how different stakeholders are integrated into the planning and execution of the Games, thus strengthening institutional capacity and participation.

[HTTPS://IOAPA.ORG/](https://ioapa.org/)

ALEJANDRO BACOT TAMAYO (CHI)

Alejandro Bacot Tamayo is a specialist in sports management and sustainability, with extensive experience in strategic planning and legacy for organizations.

Measuring environmental, social, and economic indicators is essential. It is not enough to implement “green” actions; it is necessary to demonstrate their real impact with concrete data. Measurement makes it possible to assess energy consumption, waste generation, social inclusion, and other relevant factors, thereby creating a solid foundation for continuous improvement. Each edition of the Games can learn from the previous one and raise its standards, ensuring ongoing progress.

I also believe that rigorous sustainability control and management help optimize resources and reduce risks. With clear monitoring systems in place, it is possible to anticipate problems, adjust strategies in real time, and ensure that commitments are effectively met. This not only benefits the environment but also the image and reputation of the organizers.

Lastly, sustainability opens the door to additional revenue through strategic partnerships. Companies and organizations looking to associate their brand with sustainable values find in these events an ideal platform to invest and collaborate. Recycling programs, sustainable mobility initiatives, or community projects can become complementary sources of funding.

In short, I believe that sustainability should not be seen as an additional cost, but as a smart investment that generates long-term environmental, social, economic, and governance benefits.



Months after the Junior PanAmerican Games, Asunción (PAR) was elected to host the 2031 Pan American Games (Photo: PanAm Sports)

XAVIER JEANNIN (FRA)

President – IOAPA Executive Committee



SAFEGUARDING WEBINAR

Read a summary about the webinar promoted by IOAPA and IGNIX on October 7th.

On 7 October, the International Olympic Academy Participants Association (IOAPA), represented by Xavier JEANNIN, and IGNITX, represented by Li Neo Tay, co-hosted powerful sessions of a webinar on Safeguarding in Sport, with technical assistance from Iman Raja. The event brought together participants from across all continents and over 70 nationalities.

The sessions were moderated by Tania Lee, International Olympic Committee – IOC Young Leader (2021-25) and Vice President of the Malaysian Olympism in Action Society (MOiAS) and Ytannia Wiggins, Executive Board Member of the Caribbean Association of National Olympic Committees (CANOC SPORTS).

The session opened with Daniela Negreda, MBA, who broke down the basics of “What is Safeguarding in Sport?” Drawing on the BESST project, she highlighted that safeguarding is more than policies – it’s about creating people-centred systems that protect against physical, psychological, and emotional harm. As she reminded us: “Safeguarding is not a box to tick; it’s a culture we must build so that everyone in sport feels safe, respected, and heard.”

Building on this, Andreja McQuarrie OLY – Olympian, major sport event organiser with Olympic Games experience, and former President of the Radomlje Women’s Football Club, a leading women’s football club in Slovenia – shared insights that bridged the athlete experience, event delivery, and

XAVIER JEANNIN (FRA)

President – IOAPA Executive Committee



SAFEGUARDING WEBINAR

grassroots leadership. She emphasised that harm does not only flow from coach to athlete, but also peer-to-peer – a reality too often overlooked. She also underlined the need to embed safeguarding into the way events are planned and delivered, and into how clubs and organisations are led, ensuring safe environments are part of the structure from the start. As she put it: “Abuse doesn’t only come from the top down. Peer-to-peer harm is widespread, and too often ignored – we must talk about it.”

Closing the speaker contributions, Michael Thomas Kwiatkowski presented a case study from Canada’s Safe Sport crisis. He described how athlete advocacy exposed systemic abuse and governance failures, leading to the creation of a Federal Sport Integrity Commission – a striking example of change at a national level. His message was clear: “Medals can never justify harmful behaviour. Protecting people must always come before the podium.”

Across both sessions moderated by Tania Lee and Ytannia Wiggins, the discussion moved from defining the basics, to hearing reflections from lived and professional experience, to learning from real-world reform. Together, they reinforced a single truth: safeguarding is not optional – it’s essential.

Let’s keep this conversation alive, reflect on your own context, and be part of the movement to make sport safe for all.

CHRISTINA N. SMITH (CAN)

Olympian and Brain Injury Advocate



SPORTS CONCUSSION WEBINAR

The event, promoted by IOAPA on November 24th, was moderated by Gjertrud Østervold Toft (IOAPA Executive Committee Member). The organisation and hosting were by Xavier Jeannin (President of IOAPA) and Michael Thomas Kwiatkowski (IOAPA Executive Committee).

On 24 November 2025, the International Olympic Academy Participants Association (IOAPA) hosted a free 90-minute webinar focused on understanding, preventing, and managing sports-related concussions — an important topic in athlete health and safety. The event brought together medical experts, athlete advocates, and sport leaders to share the latest research, real-world experiences, and best practices for concussion awareness and safer sporting environments worldwide. **Key highlights from the webinar include:**

- Discussion of concussion awareness and prevention, including how concussions are recognized, diagnosed, and managed in athletes at all levels.
- Expert insights from speakers such as **Christina N. Smith** — an Olympian and brain injury advocate; **Chris Weissbach** — exercise physiologist and athlete; **Peter McCarthy**, Ph.D. — clinical researcher; and **Kristen Willeumier**, Ph.D. — neuroscientist specializing in brain injury.
- The webinar emphasized groundbreaking insights, athlete experiences, and practical strategies to create safer sports environments, including evidence-based approaches for concussion diagnosis, recovery, and long-term athlete health.

Overall, the webinar provided valuable education and advocacy on concussion risks, early detection, athlete care, and how stakeholders in sport can work together to protect athlete health

HSIN-WEI CHEN (TPE)

Research Officer – IOAPA Executive Committee



NEXT CONFERENCES

We've gathered a few interesting conferences taking place in the early months of 2026 around the world. Please check the website for key dates and deadlines.

- **SPOBIS 2026** 4–5 February, 2026. Hamburg, Germany (GER). [Website here.](#)
- **International Conference on Sports Nutrition and Supplements (ICSNS)** 17–18 February, 2026. New York, United States (USA). [Website here.](#)
- **International Symposium for Olympic and Paralympic Research** in Naples, Italy on 18 - 20 February 2026. [Website here.](#)
- **9th International Sport & Discrimination Conference** 11-12 March in Dublin (IRL), at the Dublin City University (DCU). [Website here.](#)
- **College Sport Research Institute (CSRI)** 25-27 March, 2026 Columbia, United States (USA). [Website here.](#)
- **Sport Accord 2026** 24–28 May, 2026 Baku, Azerbaijan (AZE). [Website here.](#)
- **North American Society for Sport Management (NASSM)** 27–30 May, 2026. San Juan, Puerto Rico (PUR). [Website here.](#)
- **Seventeenth International Conference on Sport & Society** 11-12 June, 2026. Lillehammer, Norway (NOR). [Website here.](#)
- **European College of Sport Science (ECSS)** 7–10 July, 2026. Lausanne, Switzerland (SUI). [Website here.](#)

Do you know other great events happening? Maybe you're organising one? Please let us know, by sending an e-mail to our [Research Officer](#) and [Arete Editor](#), and we could include it in our next edition!

ART RECOMMENDATIONS



“A História das 150 Medalhas Olímpicas do Brasil”, by Guilherme Costa (“The Story of the 150 Olympic Medals from Brazil”, Portuguese, 2024)

288 pages) Famous in Brazil for his predictions and remarkable knowledge of all Olympic sports, Guilherme Costa — not to be confused with the Olympic finalist swimmer of the same name — traces the first 150 Olympic medals, won from Antwerp 1920 to Tokyo 2020, grouping them in an unexpected way. Released shortly before Paris 2024, it has already sold out. What may seem as stories of local interest are, in fact, universal. Hopefully, every country’s history will be told with the same insight and sensitivity that Guilherme Costa brings here. Looking forward to an update soon, perhaps even with an English version!

Write to us if you have a book, a film, or other recommendation on sport that you would like to share with the IOAPA Community



“Heated Rivalry” (created and directed by Jacob Tierney, originally broadcast on Crave, 2025, Canada). A great TV series to watch ahead of the Winter Olympic Games Milano Cortina 2026. Based on the “Game Changers” book series, written by Rachel Reid, it tackles prejudice, masculinity and homophobia in sport. This Canadian sports-romance story focuses on two professional hockey players, the Canadian Shane Hollander and the Russian Ilya Rozanov, fierce rivals who start a long and tumultuous relationship. Scott Hunter (François Arnaud), from the United States is also an important character. A second season is already scheduled for release.



Tracey Moffatt: Fourth (2001). 26 photos [accessible here](#). A fantastic exhibition by an official photographer for the Sydney 2000 Olympic Games, it captures the faces and expressions of athletes who missed out on an Olympic medal by such a short margin. We know it’s not all about winning (the top eight even receive an Olympic Diploma), but this series is full of humanism. It is an amazing artwork, and we just wish similar follow-ups would be made in each edition of the Olympic Games.

POEM PAGE

Επίκληση στο Θεό Απόλλωνα

Ιερά σιωπή

Να ηχήσει όλος ο αιθέρας, η γη, η
θάλασσα και οι πνοές των ανέμων.
Όρη και Τέμπη σιγήστε.
Ήχοι και φωνές πουλιών παύσατε.
Γιατί μέλλει να μας συντοφεύσει ο
Φοίβος, ο Φωσφόρος Βασιλεύς.

Απόλλωνα, Θεέ του ήλιου και της Ιδέας
του φωτός,
στείλε τις ακτίνες σου και άναψε την
ιερή δάδα.

Απόλλωνα Θεέ του ήλιου
και της ιδέας του φωτός
στείλε τις ακτίνες σου και άναψε της
ιερή δάδα
για τη φιλόξενη πόλη
του...

Και συ ω Δία χάρισε
ειρήνη σ' όλους τους
λαούς της γης και
στεφάνωσε τους νικητές
του Ιερού Αγώνα

Τήνελλα ω Καλλίνικε
Τήνελλα!!!

Invocation to the God Apollo

Sacred silence

Let the sky, the earth, the sea
and the winds sound.
Mountains fall silent.
Sounds and birds' warbles cease.
For Phoebus, the Light bearer
King shall keep us company.

Apollo God of sun and the idea of
light
send your rays and light the
sacred torch
for the hospitable city of...
And you Zeus give peace to all
peoples on earth and
wreath the winners
of the Sacred Race



Both the Greek and English versions of the poem,
as well as the photo, can be found on the [Hellenic Olympic Committee website](https://www.hellenicolympiccommittee.org/).
Do you have a poem? Or know some that represents well the Olympic Spirit?
Send us and we might publish in the next Arete!

IOAPA NEWS

CONTRIBUTE TO THE ARETE NEWSLETTER!

Did you participate in an interesting Conference in the field of sport?

Did you organise a sport-related event in your country?

Are you working on a sport-related dissertation or paper?

SHARE with us your experiences and contribute to the ARETE NEWSLETTER!

For any ideas, do not hesitate to contact the Newsletter Editor at newsletter.ioapa@gmail.com or share them with us on our social media.

ARE YOU GOING TO MILANO CORTINA?

We will have a reunion there!! Be prepared for more news on our social media! We hope to meet you all there!!!

Once again, IOAPA was present at the Olympic Torch Relay. We received one spot on the first day of the event in Olympia. Megan Ritch (USA) was chosen in our Draw on the IOAPA Online Session. She shared this powerful experience with Professor Kostas Georgiadis, Dean of the IOA, and recipient of the IOAPA President's Award for Merit, presented at our 19th IOAPA Session in July.

