

ARETE NEWSLETTER

OCTOBER 2023



INTERNATIONAL
OLYMPIC
ACADEMY
PARTICIPANTS
ASSOCIATION



HIGHLIGHTS



**ULRICH ROSEN
(1972-2023)**

As we were finishing this edition, the Arete team and the whole IOAPA community were taken aback by the news of Ulrich Rosen's death at only 51 years old. Former IOAPA treasurer, athlete, and great enthusiast of Olympism, he left a lasting legacy and will be missed by all of us. Eleni Marina Soukera and Alston Choong pay tribute to him (p.5)

[READ MORE](#)



**18TH IOAPA SESSION
"GIVING BACK"**

IOAPA returned to the grounds of the IOA on June 4-11th after a four-year hiatus. 31 members and 5 guests from 22 countries met in Olympia, "giving back" to the Olympic Family. And for the first time, IOAPA awarded four Hans van Haute scholarships to its members. Laurel Brassey Iversen gives us a detailed report of what happened in Olympia (p.6)

[READ MORE](#)



**INAUGURAL OLYMPIC
ESPORTS FINALS**

What do you know about e-sports? As e-sports are each day more part of sports coverage, they are also more involved with the Olympic Movement, leading us to question if/how can Olympism be applied. Dimitrios Asproulis was at the Olympic e-sport final week, held in Singapore, and share with us his thoughts about it (p.16)

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EDITORIAL

Mateus Nagime (BRA)



PAGE 3

Dear Readers,

Welcome to the October 2023 issue of the Arete Newsletter! This is my first time as Editor of Arete and I would like to start thanking many people for their help on building this edition. First and foremost, Yarden Har Lev, the previous Newsletter Editor, for all the help and encouragement. Also a huge thanks to my colleagues from the newly elected IOAPA Executive Committee for 2023-2025, in particular Laurel Brassey Iversen, who contributed to a detailed report of our 18th IOAPA Session.

We had so many articles sent that we had to choose some to be released in the next edition, in December! So, look out for our next edition, in which our Hans van Heute scholars will explain about their projects and their participation during the Session.

As always, we would like to remind that not only Arete but all the IOAPA exists because of all our members. So, please, don't hesitate to submit an article for the newsletter. If you have any questions before writing, feel free to write to us at newsletter@ioapa.org, telling us about your idea. We will love to hear from you and help you publish at Arete. The same goes for our calendar page and message board. If you are organizing or know about any event, please let us know. The newsletter is and should always be the place for our members to share their passions and activities and for all our community to keep on learning. Please, write to us!!! Seriously!!!

In this edition, besides the amazing summary made by Laurel on the 18th IOAPA Session, you can enjoy two articles by new IOAPA members. Dimitrios Asproulis, from Australia, visited the inaugural Olympic e-sport final week, held in Singapore. From Malta, Mathea Saliba tells us that Olympism is very much alive, with a report from her participation in the Games of Small States of Europe. And the Canadian Olympic Committee (COC) reveals the inaugural recipients of the Team Canada Olympic Day Grant.

As we were wrapping up our edition, we were all taken aback with the untimely passing of our previous Treasurer and dear friend, Ulrich Rosen on the last October 12th. Earlier this year we also lost another friend and great member of our community, Eli Wolff, a Paralympian and activist for people with disabilities, who passed away a couple of days before the IOAPA online session. This edition is dedicated to their accomplishments and memory and also for all members of our community we lost this year.

In such difficult times around the world, we strive to live for all those Olympic values we hold dearly in our hearts and minds. We hope you enjoy your reading! And again - please write to us!

Mateus Nagime, Arete Newsletter Editor

MESSAGE FROM THE PRESIDENT

Eleni Marina Soukera (GRE)



PAGE 4

Dear IOAPA Members and Readers of Arete:

This is my first letter to you in Arete as President of IOAPA.

I would like to take this opportunity to thank all the members for trusting me and electing me as President of IOAPA. Moreover, I would like to thank the Past-President of IOAPA, Richard Koo and the Vice President and founding member of IOAPA, Laurel Brassey Iversen for believing in me and supporting my work for leading this association.

Our new Executive Committee for 2023-2025 is already hard at work on some exciting initiatives for the next two years. I am also seizing the opportunity to congratulate for their election all the members who are elected to the New Executive Committee and to express my trust to all of them. One of our main strategic initiatives over the next two years will be to create an insurance for the members who attend our in person Session in Olympia.

The second one is to develop an even closer working relationship between the IOA and IOAPA, in order to better connect members to the ongoing activities of the Academy. We are also continuing to work with the IOA to identify more opportunities for involvement and hope to be able to announce those new initiatives very soon. Furthermore, for 2024, we are planning a reunion for Paris 2024.

I will have a few additional things to say throughout my term of office. However, I would like to take a moment now to thank Dean Kostas Georgiadis and his staff at the IOA for their collaboration as we sought to increase our members' contributions and connections to Olympia. Additional thanks to Mrs Stella Tachtara, Corporate Communications & Partnerships of the IOA for her support to IOAPA.

Additionally, I would like to thank all the firemen who worked hard and stopped one more time the fire which burst on the 29th of July around the archaeological site of Ancient Olympia.

I hope you enjoy this edition of Arete and i hope that we will be able to connect with you at some point along this journey to Olympism.

Yours in Olympism,

Eleni Marina (Marilena) Soukera, IOAPA President

TRIBUTE FROM IOAPA TO ULRICH ROSEN (1972-2023)

**Eleni Marina Soukera (GRE)
and Alston Choong (MAS)**



PAGE 5

Our IOAPA family is still in shock over the passing of our dear friend Ulrich Rosen from Germany. Anyone who had the pleasure to meet Uli could not avoid being impacted by his huge personality. We will remember the legacy he left us, as his endless love and commitment to Olympism. He truly embraced all cultures, had a kind word for everyone, and was a teacher to all of us in so many ways.

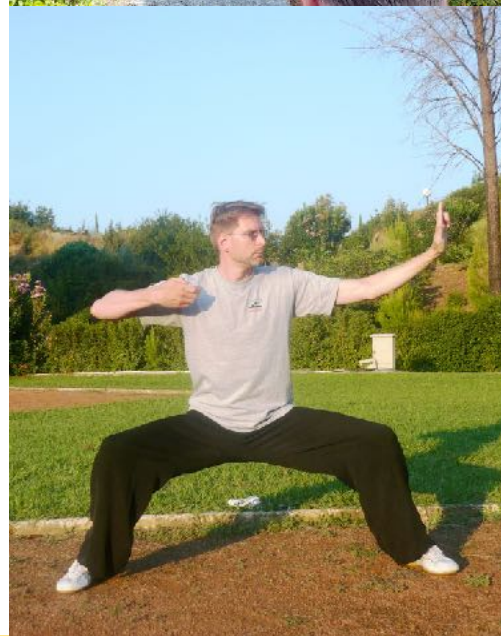
His favourite sport might have been playing Devil's Advocate, engaging us in discussions about controversial issues facing the Olympic Movement. He made us think and examine our own beliefs.

Over the past decade, Uli was a regular participant in the IOAPA sessions in Olympia and served as treasurer for the association from 2019-2023. In Olympia this past June, Uli made a very impassioned speech at the Carl Diem Monument during the Opening Ceremony about how there can be no success without the struggle, lessons that Olympism taught him personally. He also organized an inspired "Transfer of Executive Committee" ceremony for the incoming and outgoing EC members, where he encouraged the new EC members and offered some sage advice. And, as was his custom, he led Tai Chi exercises every morning.

Ulrich was distinguished for the integrity of his character, his good manners, his methodology, and his enthusiasm about IOAPA and Olympism. His loss will be noticeable to all the members of the Executive Committee and our IOAPA family.

We were so very fortunate to have those beautiful moments with Uli.

The IOAPA Executive Committee sends our heartfelt condolences to Uli's family. He will be remembered as a bright light and a true friend.



You can send your condolences on this webpage: <https://trauer.nrw/traueranzeige/ulrich-rosen>

18TH IOAPA SESSION REPORT

GETTING BACK TO OLYMPIA and GIVING BACK


Laurel Brassey Iversen (USA)
IOAPA Vice President and Session Chairperson



PAGE 6

Late in 2022, the Executive Committee took a decision to split the biennial session into two parts; an online business meeting for the General Assembly with a virtual election enabling more members to participate, and the traditional in-person session in Ancient Olympia. In this article, I'd like to concentrate mainly on the Session in Olympia.

The 18th IOAPA Session took place in Greece from June 4-11th after skipping the meeting in 2021, due to Covid-19. We wanted to deliver a really packed session, both fun and inspiring. Since we removed the business portion and election from the program, we had plenty of time for activities. The session planning committee of myself, Richard Koo (CAN), Alexander Eriksson (NOR), Yogo Suzuki (JPN), Caroline Bujold (CAN), and Dimitrios Regalos (GRE) managed the core of the program.

Early on we decided on a couple of new events to add to our program. A stop in Ancient Nemea provided a fun, first day activity for everyone. Most members had not visited Nemea and it is very close to the highway and is easily accessed. Nemea was one of the four locations for ancient Panhellenic games and is one of the few stadia in the world where the athlete's tunnel is still intact. Nemea was also excavated by Professor Stephen Miller (Berkeley, California), who lectured at the IOA often and instituted the Modern Nemean Games which takes place every four years. 



Above: Athlete's tunnel in Nemea; Below: Sayed Al Zabir & Chloe Abou Chabake



On June 5th, 31 IOAPA members plus five guests from 22 countries arrived mid-afternoon at the IOA. After settling in, we gathered for an informal welcome in the Otto Szymiczek Hall followed with refreshments hosted by the Executive Committee.

The next day we started the session with a video message from IOA President Isidoros Kouvelos. We were honored at our formal Opening Ceremony by the presence of our special guest Alexandra de Navacelle de Coubertin and her husband John, on their first visit to Olympia. Alexandra was very gracious to say a few meaningful words at the laying of the wreath at the Coubertin Stele. Ulrich Rosen (GER), the outgoing IOAPA treasurer, gave a wonderfully inspirational message at the Carl Diem monument. We then proceeded to the Hans van Haute memorial tree to dedicate and install the new plaque denoting the tree's significance.

The theme of this year's session was "GIVING BACK". This exceptional topic allowed for some of the best presentations we have had in years. Four of our five guest speakers made live presentations, which included two workshops. It must be noted here that everyone who comes to the IOAPA session must pay all their own expenses to attend, so to have these exceptional people join us was a great tribute to their commitment to the Olympic Movement.

In addition, presentations were made by the four HvH scholarship awardees as well as seven of our members. Each presentation was followed by a question-and-answer period.



*Left:
Alexandra de
Navacelle de
Coubertin*

*Right:
Hans van
Haute Plaque*



Left: Alexandra
de Navacelle de
Coubertin.

Right: Emilio
Fernandez Pena



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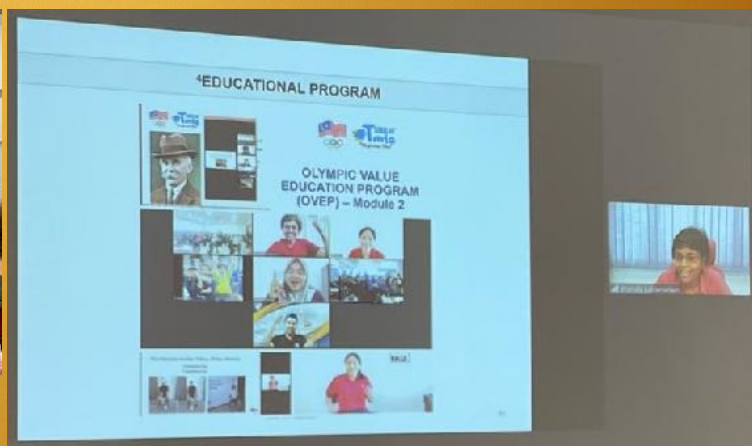
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Here is a quick synopsis of the various presentations:

- 1- Ivan Coste-Manière (FRA) Art and Culture as luxurious achieved melting pot Hunting for the Olympic Aura
- 2- Alexandra de Navacelle de Coubertin (FRA) Coubertin Family Foundation/Update on Paris 2024 and Coubertin Museum
- 3- Kostas Georgiadis (GRE) Olympic Education Workshop
- 4- Emilio Fernández Peña (ESP) Social Media Workshop
- 5- Dr. Shamala Subramaniam (MAS) Giving Back



IOA Dean Kostas Georgiadis



Dr. Shamala Subramaniam



IOAPA awarded two full Hans van Haute scholarships and two partial scholarships this year enabling four people to return to Olympia. As part of their responsibility of receiving the scholarship, they were required to present a project they were collaborating on in their respective countries. Here is an overview. You will be able to see articles by them in this and the next Arete editions.

1. Samantha Matavata (ZIM) Girls LEAD Camp Project
2. Jorge Rodriguez (GUA) School Biathlete Program
3. Chloé Abou Chabake (LBN) OVEP for Social Cohesion
4. Fako Masupha (LES) Lesotho Olympic Academy Culture and Education Commission

Member presentations were also given by the following:

Dr. Ali Albakri Alyafei (QAT) Giving Back
 Hisam Al Adwani (OMA) Giving Back
 Winfred Kwek (SGP) My Giving Back Journey
 Alston Choon (MAS) Giving Back
 Alexander Eriksson (NOR) Giving Back
 Anfisa Kasyanova (GRE) Giving Back
 Matt Myung-Sok Kwak (GER) Giving Back

All of these presentations can be accessed in our [official report of the session](#).



- These presentations took place in the mornings leaving us plenty of time for other activities including:
- Dance workshop by Elizabeth Hanley (USA) assisted by Jorge Rodriguez (GUA) for some Latin flare;
- Morning Exercise by Ulrich Rosen (GER) and Matt Kwak (GER);
- ART Workshop by Xavier Jeannin (FRA);
- Live Streaming of many presentations and workshops;
- Traditional Pool party (Moved into the bar due to the inaccessibility of the pool);
- Guests were allowed to accompany members to the IOAPA session for the first time;
- Visit to Kourouta Beach in Katakalo;
- The first IOAPA President's Award for Merit was given to Elizabeth Hanley for 34 years of service (Photo on the left: Ms. Hanley & IOAPA president Richard Koo);
- The draw for an opportunity to participate in the 2024 Olympic Flame Relay was completed. In position #1 is Emilio Fernández Peña (ESP). We cannot confirm we will be given any positions, but we drew many names in case we get more positions or people are not able to attend. Positions were also drawn in the Online meeting, and they will be ranked alternatively with those drawn in Olympia;
- Tour of the Museum of the Ancient Olympic Games and the Museum of the Excavations by Kostas Antonopoulos (GRE);
- Traditional visit to Agritourism Farm Magna Grecia for a tour, dinner, and dancing with our hosts the Karabelas Family; Franca, Alexis, and Francesco! Remember that through our Magna Grecia Olive Oil Project in 2020, we received a 15% return of all our sales raising over \$2000 for the HvH scholarship fund.
- Master's students on campus were invited to some of our activities
- Team social evening at Zorbas
- Donation of one guitar, one ukulele, one tambourine and 4 percussion shakers to the IOA as our "Give Back Project" to the IOA. Items were presented to Dean Georgiadis and will remain at the IOA for use in IOA Sessions.
- IOAPA members were guests at the Opening Ceremony for Young Olympic Ambassadors on the Hill of Pnyx in Athens on June 11.
- Due to the crazy weather patterns also affecting Greece, we experienced GREEN GREECE with cooler temperatures. Imagine all of the ancient sites with grass. It was beautiful!
- Many members experienced the newly renovated premises of the IOA for the first time





*Left: Hans van Haute
Scholarship Auction*

Right: Magna Grecia Farm Dinner

We held our Hans van Haute fundraising auction. This year everyone brought things to sell. At the beginning of the auction, it was very slow. Everyone was just looking around, not bidding on anything. Our friends from Qatar (the two Ali's) began urging everyone and calling out that the time was running out. A shopping frenzy ensued, and after one hour of organized chaos, almost every single item was sold.

We discovered one more backpack the next day and the two Ali's auctioned it off for 55€. The 31 IOAPA members plus a couple of master's students in attendance raised over 1000€ in one evening. It was a huge success and is a tribute to the generosity of all the members. Most popular items: Coffee from Guatemala, World Cup Soccer memorabilia from Qatar, and t-shirts, hats, pins, and bags from many National Olympic Committees.

Another new initiative for this year's session was our Olympic Day Activities Workshop by Anfisa Kasyanova (GRE), Dimitrios Regalos (GRE), and me. We presented a mix of fun activities that could be done with children. The members decided which ones to do, and we planned an hour and a half program for Anfisa's school in Olympia. Following is our outline for the program:

- Intro for Teachers, parents, and kids
- Who we are? IOAPA- Richard
- Giving back to the community and Olympism- Anfisa & Kostas
- Warm up- Chloe and Fako
- Olympic Oath- Laurel, Sandro & Kostas
- Presentation of Flags made by the kids- Everyone
- Five activity stations- Everyone
- Torch relay- Everyone
- Thank you- Richard
- Gift giving- Betz, Tove, Caroline
- Photos



We also made torches out of construction paper and tissue paper to give to each child. Each member brought pins, stickers, and other small gifts to make gift bags for each child and special gifts for teachers and special guests. We had an assembly line during our workshop that oozed Olympic Spirit!



Dr. Ali Albakri Alyafei



Gift bags for kids

Yogo Suzuki



Above: Gift bag contents; On the center: Auri Amaya Cobar; On the right: Olympia kids





For me, this was the crowning jewel in our 6-day session. Sharing our Olympism with the kids of Olympia was one of the most rewarding experiences I have ever had in over 34 years of visits to the IOA and IOAPA. I hope this will become a long-standing tradition for IOAPA. After the activity, we made our way up over the hill to Floka and the Magna Grecia Farm. We sampled the wondrous olive oil, toured the farm, and enjoyed a farm-to-table dinner, finished off with some Greek dancing.

While delivering this session with its Theme of “Giving Back”, I firmly believe that we received much more in return. We received knowledge from all the excellent presentations, friendship from every corner of the world, generosity, and kindness from each and every member, and reaffirmation that our belief in Olympism has the power to make a better world.

We must thank the IOAPA members who had any part to play in planning and executing so many events of the session, and also, we would like to thank all the folks in Olympia who made our stay memorable. Alexandra and Xrissa -our session secretaries-, Rubini and Maria in the bar, Vagelis -IOA director of facilities-, Katerina from Europa Hotel & Caterers, Karabelas family from Magna Grecia, and the teachers and the parents who helped translate during our Olympic Day Activity.



Emilio Fernandez Pena



"Giving Back" instruments to IOA



On the top left: Uli Rosen & Richard Koo;
On the top center: Caroline Bujold;
On the top right: Laurel Brassey Iversen



Fako Masupha & Matt Kwak



Magna Grecia Dinner



On the top:
Hisham Al
Adwani;
On the left:
Roland
Krimmer



Marie Lou Noirot



Tom
Jable,
Betz
Hanley
&
Sandro
Lucio



Kosta Antonopoulos



Fred
Kwek



Richard Koo



Alston Choong



Outgoing & Incoming EC Members



Dr. Ali Albakri Alyafei



Xavier Jeannin & Betz Hanley



Cafeteria Mealttime

Witnessing history from Olympia to Singapore: The inaugural Olympic Esports Finals Week

Dimitrios Asproulis (AUS)

During the weekend following the 63rd International Session for Young Olympic Ambassadors, I had the amazing opportunity to visit for one day the inaugural Olympic Esports Series Finals held in Singapore from June 22nd to June 25th, 2023. For the country with a population of 6 million, this was another special chapter in its Olympic history and another milestone for the Olympic Movement in general, as Singapore also hosted the inaugural Youth Olympic Games in 2010. This time around, the Olympic Esports Finals Week was held in the Suntec Singapore Convention & Exhibition Centre, a multi-purpose venue that was transformed for the purposes of the occasion.

As one can imagine, the opening ceremony had it all and celebrated the convergence of the physical and the virtual world: beautiful graphics, laser projection, robotic automation, live performances, and even Thomas Bach, the IOC President, who appeared through holographic projection and thanked the Singaporean public authorities, the Organizing Committee and, of course, the more than 120 top players coming from 57 nations. He also praised the International Sports



Federations for working together with the esports community to develop the virtual format of their sport.

Indeed, this very first edition of the Olympic Esports Series, which culminated with the live, in-person Finals in Singapore, featured ten different games in the competition program: Archery (Tic Tac Bow), Baseball (WBSC eBASEBALL™: POWER PROS), Chess (Chess.com), Cycling (Zwift), Dance (Just Dance), Motorsport





(Gran Turismo), Sailing (Virtual Regatta), Shooting (ISSF Challenge featuring Fortnite), Tennis (Tennis Clash) and Taekwondo (Virtual Taekwondo). In addition, five additional games were featured in exhibition matches, namely Triathlon (Zwift), Table Tennis (ElevenVR), vehicular soccer video game (Rocket League), fighting game (Streetfighter6), and basketball (NBA2k23). Although online viewing numbers were arguably not very impressive, the event attracted 20,000 visitors to the venue, where they also had the opportunity to try out the virtual sports experience themselves in a specially built free-to-play zone. Overall, it was an invigorating experience to watch visitors of all ages immerse in the buzzing atmosphere, exuding enthusiasm as they played virtual sports games like rowing, darts, table tennis, golf, and boxing, to name a few.

While each game in the official program had its unique set of participation requirements, including hardware (e.g., PC, mobile) and software, some were exclusive invitation-only events, while others welcomed both professional and amateur players in worldwide qualification rounds. At the Finals, I was impressed by how the top players and teams displayed their concentration, hard work, skills, and passion for their games, living up to the Olympic Values of Excellence, Friendship, and Respect. I understand that there might be some skepticism regarding the inclusion of esports or virtual sports in the Olympic Program, but it shouldn't be seen as a black-or-white situation. On the contrary, I believe that an event like the Olympic Esports Series can be positioned in such a way that promotes the Olympic Values and an active way of living, while enabling the inclusion of a broader audience (players and fans) in (e-)sport and in becoming part of the Olympic family.

You can find more information on the dedicated page on the IOC's website, which also features useful resources to share with your community on optimizing the performance and well-being of players in esports, virtual sports, and beyond, available here. As an annual event, the Olympic Esports Finals Week 2024 has already received interest from other cities to host, such as Paris, Seoul, New York, Shenzhen, and Abu Dhabi, with the first one being the stronger candidate to host in parallel with the Paris 2024 Summer Olympics. Until we find out which city will host this event next year, I encourage all to explore more about esports and virtual sports as a new channel to share the Olympic Values with a broader audience and complement physical education and training.

Olympism Alive in the Small States of Europe

Mathea Saliba (MLT)

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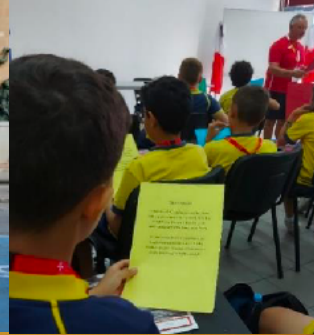
Isn't it wonderful how every four years, the world unites in a spectacle of athletic brilliance, global camaraderie, and unwavering determination at the Olympic Games? From the mostly anticipated opening ceremony to the competitions that capture the eye of the world, the Olympics embodies the pinnacle of sporting achievement. But beyond this stunning stage lies another realm of determination, where smaller nations take centre stage and showcase their talents in the Games of Small States of Europe.

The Games of Small States of Europe (GSSE) is a multi-sport event hosted every two years, celebrating talents and friendly competition between European nations that have less than one million inhabitants. First hosted by San Marino in 1985, nine countries in Europe take part in 10 sporting disciplines. These include Andorra, Cyprus, Iceland, Luxembourg, Malta, Monaco, Montenegro, San Marino, and Lichtenstein. All these countries share a common goal throughout the games; to showcase and promote their athletic excellence with countries facing similar experiences and levels.

The year 2023 was Malta's turn to host the GSSE games from the 29th of May till the 3rd of June. Across the Mediterranean island, there was a sort of buzz in the air as the games drew closer. Being a small country of half a million in population size, these games allowed the Maltese population to rally around their home country and see them excel on such a big event on home soil. This year's mascot was named 'PUKA'! Puka comes after the typical Maltese fish 'Lampuka', dolphinfish in English.

The Maltese Olympic Academy (MOA) took the opportunity for its hosting duties to grow awareness of sport and Olympic Education amongst the Maltese population and school children. In preparation for the games, Olympic Educational material and books were distributed amongst children in local schools between the ages of 5 and 11. These books explain what the GSSE games are about, their history, information on the participating countries and an introduction to the Olympic Values. The MOC also organised the '2023 GSSE Roadshow', where each weekend an event is hosted in each town in Malta, promoting awareness of sports, participation, and increasing support leading up to the games.





One initiative that the MOA has been working on throughout the year is inviting different schools to have an Olympic Day Experience. School children are invited to the MOC headquarters, where they learn about Olympic history, have an Olympic quiz, and take a tour around the MOC Olympic Museum. Fun games involving running, jumping, and strength are also organised highlighting the Olympic Motto “Citius, Altius, Fortius - Communiter”. The students also get to have their own opening ceremony completed with the Olympic Parade, Olympic Oath, their own accreditation, and hold an Olympic Torch!

The GSSE exemplifies the celebration of Olympic values through their unwavering commitment to embody the principles of excellence, friendship, and respect. Despite the smaller scale, these games embrace the core ideals of the Olympics and serve as a powerful testament to sportsmanship and unity. Athletes from these smaller nations demonstrate exceptional skill, determination, and dedication as they compete in a wide range of sports. As the games went on, an atmosphere of friendship and comradery overcame borders, and everyone came to celebrate the love of the sport.

As Malta hosted several European National Olympic Committees (NOCs), it served as a platform for committees to connect about what it is like in being a small state in such a competitive field of sport around the world. The European Olympic Academies (EOA), in collaboration with the Malta Olympic Committee, took this opportunity to invite delegates from the competing NOCs to discuss challenges and common situations small NOCs face. During a round table talk, commonalities about the struggles of NOCs emerged, such as not having enough resources or means for Olympic Education. 



The EOA encouraged how creating a specific structure focusing on Olympic Education can help benefit Olympism in their country. The Maltese and Cypriot Olympic academies also highlighted how being part of the EOA allowed them to gather materials from other larger NOAs, with the structure being easier to implement in smaller states. One common benefit was brought up, as smaller states don't need big, complex plans to share Olympic Education like other NOCs struggle with, bringing this element to be a unique benefit when the whole younger population can be reached quicker.

In June 2023, Malta wrote its sporting history by topping the medal table at these games for the first time - having 97 medals, 38 of which were gold. Being a small country in the world of sports is like a determined underdog defying the odds, facing giants with unwavering spirit and a relentless pursuit of excellence. It is the Olympic Movement and its values that give smaller countries the flame within them to fight for excellence, respect, and fairness in sport.



DO YOU WANT TO WRITE ABOUT EVENTS YOU TOOK PART IN? OR SOME THAT WILL HAPPEN IN UPCOMING MONTHS?

If so, please send us the details and a couple of pictures/videos to newsletter@ioapa.org or hit us up on instagram. It can be as short as you want! We may just publish them or ask for a longer version!

We would love to publish all adventures and events that our members are experiencing, while spreading Olympism around the world!

TEAM CANADA OLYMPIC DAY GRANT

Canadian Olympic Committee

On June 23rd, the Canadian Olympic Committee (COC) announced the inaugural recipients of the Team Canada Olympic Day Grant. Six Canadian schools will each receive a \$5,000 grant to support their goal of empowering students to play and stay in sport. Each successful school will also receive a 90-minute motivational speech from a Team Canada athlete.

This grant is a key driver of the Team Canada Impact Agenda, the COC's organization-wide commitment to making sport safe, inclusive, and barrier-free so more young people can play and stay in sport. The Team Canada Impact Agenda is built around three pillars - Podium, Play, and Planet - and this grant, as part of the COC's long-standing Olympic Education program, will play a critical role in transforming "play" by giving more young people access to experience the power of sport.

The grant was also inspired by Olympic Day, celebrated each year on June 23 to commemorate the founding of the modern Olympic Games. Olympic Day aims to promote the values of Olympism, encourage participation in sports, and foster a sense of unity and friendship among people worldwide.

The six schools and their winning programs are:

- 1- Bert Church High School (Airdrie, Alta.) - Empowering the school's women's lacrosse team and educating on Indigenous culture.
- 2- Centre Wellington District High School (Fergus, Ont.) - Empowering girls and gender-diverse students through the introduction of powerlifting and Olympic weightlifting programs.
- 3- École Nuvviti (Ivujivik, Que.) - Promoting a healthy active lifestyle by increasing access to sport while providing the necessities to participate (i.e., healthy food and drink).
- 4- École Parkside School (Altona, Man.) - Improving outdoor infrastructure to increase school and community access to outdoor volleyball.
- 5- École secondaire des Sources (Montreal, Que.) - Increasing access to an afterschool triathlon program for students.





6- Sussex Regional High School (Sussex, N.B.) - Developing a bike repair program and offering specialized biking opportunities for students with disabilities with physical therapists.

The application for the grant was open to schools this year from March 4 to April 4. The six schools were chosen out of 625 applicants by a selection committee. For more information on our Olympic Education program and the Team Canada Olympic Day Grant, please visit <https://olympic.ca/education/>

DO YOU WORK FOR A NOC OR A SPORTS ORGANIZATION? PLEASE SHARE YOUR ACTIVITIES AND PROGRAMS!

If so, please send us the details and a couple of pictures/videos to newsletter@ioapa.org or hit us up on instagram. It can be as short as you want! We may just publish them or ask for a longer version!

We would love to publish all adventures and events that our members are experiencing, while spreading Olympism around your country, region and the world!

NEWS & OPPORTUNITIES

BENEFITS OF IOAPA MEMBERSHIP?

Besides having the opportunity to keep in touch with other members, attend our Reunion at the Olympics and take part in our bi-annual Session in Olympia, as a member you also get exclusive access to the following (to get access, login our website):

- ✓ [List of members](#)
- ✓ Monthly emails with news on sport related opportunities
- ✓ Helpful links for [jobs](#) and [research](#)

KNOW A PAST PARTICIPANT WISHING TO BECOME A MEMBER?

Please refer them to [IOAPA MEMBERSHIP](#) and they will be able to register and pay online directly!

DO YOU HAVE OPPORTUNITIES FOR IOAPA MEMBERS?

You have access to great perks and you are able to share: sporting event tickets, cultural event tickets, sport promotions, special museum exhibits, etc.?

Send us the details at info@ioapa.org or post the information on our [Facebook group](#) (members only).

FEEL FREE TO JOIN US ON SOCIAL MEDIA!

You can find us on

[Facebook](#) [Twitter](#) [Instagram](#)

PROMOTE YOUR IOAPA ACTIVITY

We are continuously looking for news from our members. Are you working on a sport or Olympic education project that could be of interest to others? Does your country have a National Academy and you're taking part? Are you travelling and meeting IOAPA members or want to host IOA friends in your city? Do you have a great Olympic/Paralympic story? Did you meet the love of your life in Olympia? You're hosting a mini IOAPA reunion? **WE WANT TO KNOW!** Send us the details with a couple pictures/videos at info@ioapa.org and we may just publish them.

Lead IOAPA in your country!

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The new IOAPA country coordinators will be announced in the next ARETE edition! We encourage you to send us pictures and reports of projects or actions regarding Olympism and in your country or region to be featured on ARETE!

CONTACT US:

info@ioapa.org



WANT TO BE FEATURED ON OUR *Instagram* ?

There are many ways members can stay connected after taking part in a session or a reunion.

Find us on now on **Instagram** at @ioapa_official.

Tag us with your pictures for a chance to be featured or send us your IOAPA meet-up photos via email at info@ioapa.org (with some details) and we will gladly share with the community.



CHECK ON
INSTAGRAM FOR
OUR LATESTS
NEWS AND
IMPORTANT
UPDATES ON
IOAPA ISSUES.

On your left, you
can read the
statement by
IOAPA Executive
Committee,
published on our
platforms on
November 4th.

Acts of terrorism must be universally
condemned.

We support equal justice and freedom for all
people and we encourage members of the
IOAPA to remember our shared interest in an
international forum for the free expression and
exchange of ideas among people of different
backgrounds in a spirit of solidarity, friendship
and mutual respect (for the Olympic ideals).

Our thoughts go out to the people and families
who have been impacted and the lives lost by
the conflicts raging around the world.

IOAPA EXECUTIVE COMMITTEE

UPCOMING SPORT EVENTS 2023/24

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LET US KNOW IF YOU WILL BE THERE!!



The XI Gay Games

November 3th - 11th 2023,
Hong Kong - HKO & Guadalajara - MEX



The XVII Pacific Games

November 19th - December 2nd, 2023, Honiara - SOL



The IV Winter Youth Olympic Games

January 19th - February 1st, 2024, Gangwon - KOR



The 13th African Games

March 8th - 23th, 2024, Accra, Kumasi, and Cape Coast - GHA



[18th Asian Federation of Sports Medicine Congress cum ISN
International Sports Medicine & Sports Science Conference](#)

April 26 - 28th, Kota Kinabalu - MAS
Call for Abstracts until January 31st, 2024



Are you organizing an event or a conference?
Do you know of important events that need to
Please send us and we may include here!



CONTRIBUTE TO ARETE NEWSLETTER!

Did you participate in an interesting Conference in the field of sport?

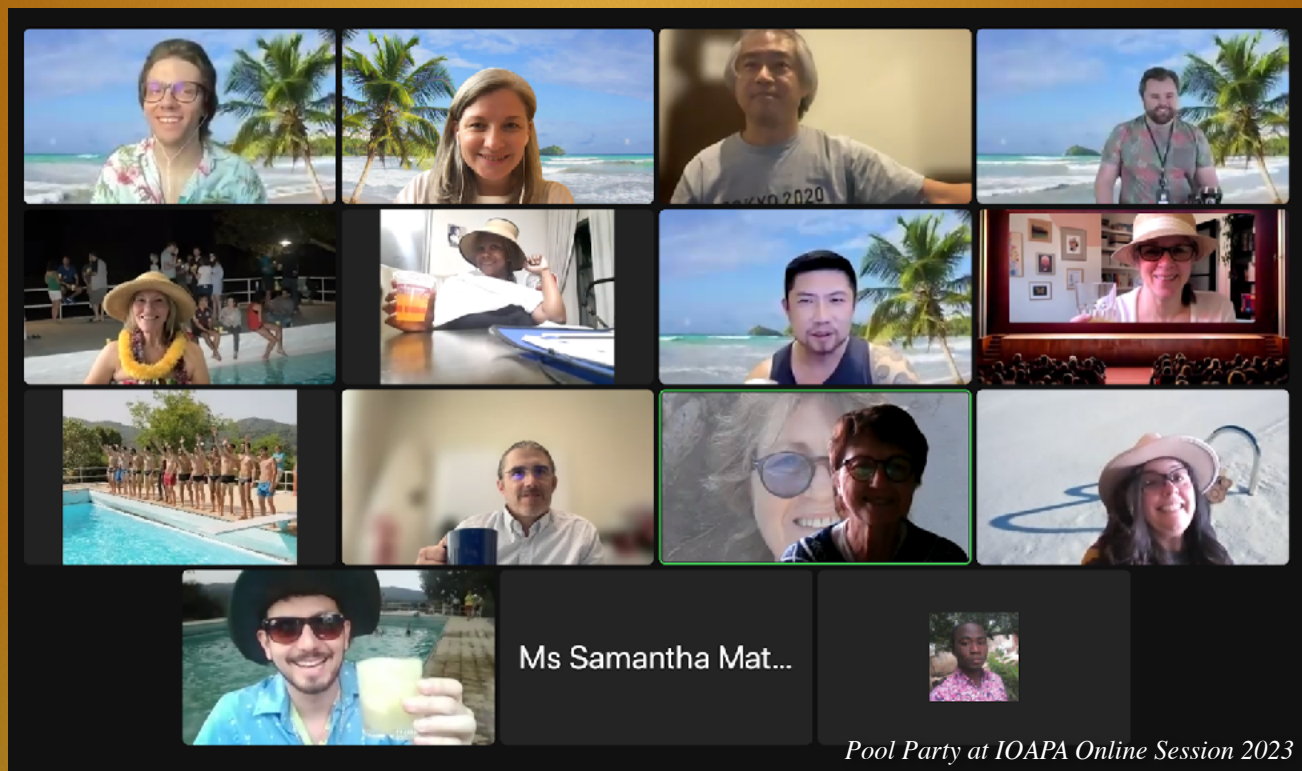
Did you organize a sport-related event in your country?

Are you working on a sport-related dissertation or paper?

SHARE with us your experiences and contribute to the ARETE NEWSLETTER!

For any ideas, do not hesitate to contact the Newsletter Editor, Mateus Nagime, at newsletter@ioapa.org.

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In the midst of an ordinary training day, I try to remind myself that I am preparing for the extraordinary.- Shalane Flanagan, Olympic silver medallist in Beijing-2008



WHAT ARE YOUR BIGGEST EXPECTATIONS FOR 2024?

What do you want to see the most in sports in 2024? What are you expecting from the Paris Olympic Games? Is there some project on Olympism you are working on next year?



Please **SEND YOUR ANSWER** to the newsletter editor at: newsletter@ioapa.org