

# Arete

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Fall 2005

*What we think,  
we become  
Buddha*

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(2005-2007)

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## IOAPA Session Brought Me Back Lenka Habasova (SVK)



Last year when the 44th IOA Session for Young Participants came to an end, I promised myself that one day I have to come back to Olympia. Not only because of the people and nice friendships we made there but also because of the place, because of the feeling I had and still have in my head when I think of Olympia. Olympia made me stronger and definitely strengthened my faith in Olympism. The place woke up the Olympic spirit slept in me since the end of my short sport carrier. Many of us already have the Olympic feeling in our hearts. It was this feeling that prompted me to speak to Elizabeth Hanley about IOAPA for the first time. She gave me the application form and I paid the membership fee without knowing what IOAPA was all about! I did not know it even when coming to its 9th session this summer. Yes, I received some basic information but still it was not enough to really care about IOAPA's goals, aims and people. When I saw the application form for the conference in my mail, I felt the opportunity to come back to Olympia—the same Olympic feeling was back. I was so excited to know that many of my main session friends were preparing to go as well.

Honestly, I looked forward to meeting people more than discussing IOAPA's matters. Now I see things differently. Olympia did not disappoint me. It was the same place I knew last year. Not the same people but the same feeling. On the way to Greece I was really disappointed to know that most of my main session friends could not attend the IOAPA conference. On the way back home I felt like it was much, much better than I have ever expected.

The 9th IOAPA session took place from August 11-15 and had 36 participants from many different countries all over the world, which means 35 new friends. At the beginning I was confused and did not know how to contribute to the discussions because as a new member I did not have too much background information. But things are clearer now. The 9th IOAPA session was a successful conference with daily programs full of group discussions, presentations and also free time activities. Dr. Kostas Georgiadis, Dean of the IOA, opened the session and actively participated in the discussions and other activities. All participants evaluated what was achieved since the 2003

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## PRESIDENT'S MESSAGE

Jeremey Cross (GBR)



"You are the President of what? What does that do?" I was asked on returning from the recent IOAPA Session. As an IOAPA member, what do you answer? My conversation often goes something like this:

"Well there is something called the International Olympic Academy, which is like a 'University of Olympism'"

"What's Olympism?"

"It's the original philosophy behind the Olympic Games—all about fair play, multiculturalism and young people learning life skills through sport".

"Okay. So what's the 'PA' part?"

"First of all, it's the alumni network of the IOA. But it is much more than that because, secondly, this group has the potential to act upon the education they have received in Olympia at the IOA. We can help our members and organizations realize their goals in Olympic Education".

These two goals, building our network and developing possibilities for Olympic Education, are the focus of the new Executive Committee. What are we currently doing? Axel Bammer (Marketing) has launched our logo competition and is looking for ways to raise our international profile; Hector Argüelles (Internet) is making great efforts to upgrade our website and is always ready to help you share knowledge and ask questions via our mailgroup; Andrea Fatzer (Country Co-ordinator) is launching an initiative to introduce new members through the country networks; Panos Vassilaras and Giota Dandoulaki are strengthening IOA links; and Cesar R. Torres is resuming responsibility for the high quality Arête newsletters that we continue to enjoy.

So, what advice and opportunities do you need and what can you give to help you achieve your academic, administrative or practical Olympic-related goals? The new and enthusiastic Executive Committee is already working hard to support you. Please do contact us if we can help you in any way.

Finally, I would like to thank the outgoing Committee members, especially Laurel Brassey-Iversen who has led us so courageously for so long, and the longstanding members, Paul Baldaccino and Lone Jakobsen, for their great work over the past years. They are all exceptional people. I would also like to thank the IOA President, Dr. Nikos Filaretos, and the Dean, Dr. Kostas Giorgiadis. Your continued support of our organisation is very much appreciated. As the new President of IOAPA, I warmly encourage you all to make the most of our special network and to help develop our association over years to come.

*Jeremey Cross*

## Website News Héctor Argüelles (ESP)



Dear IOAPA members,

In order to have an updated list of members and to send you all information regarding our association, we kindly ask you that you notify us at [info@ioapa.org](mailto:info@ioapa.org) of any change in your e-mail address.

And remember that you can always visit us at [www.ioapa.org](http://www.ioapa.org)

All the best,

*Héctor Argüelles* - [hector@ioapa.org](mailto:hector@ioapa.org)

## Important notice!

IOAPA does not accept cheques to renew memberships any longer. Members can pay their dues either through cash or credit card. If you have any questions contact Carlo Farrugia, our treasurer, at [carlo@ioapa.org](mailto:carlo@ioapa.org)

## Errata

In his *Arete's* Spring 2005 article "108 Years Waiting To Reach Olympic Glory" Douglas Crispín Castellanos stated that in Sydney 2000, athletes from the Isle of Youth (CUB) obtained two silver medals. Douglas contacted us asking to correct that fact: only one athlete from the Isle of Youth made it to the medal award ceremony to receive silver in Sydney 2000.

## The 2005 IOAPA Conference

The 2005 IOAPA Conference was organized from August 11-15. Participants work very hard but also had a lot of fun. Below is a “summary” of the event in a snapshot format. Enjoy it!







## IOAPA LOGO-COMPETITION

Dear IOAPA-members!

The IOAPA Executive Committee wants to invite you to the official IOAPA Logo-Competition. The logo you see on top is the actual IOAPA-logo currently in use. Please read the following instructions and guidelines to this competition and share your ideas and logos with us. We have a wealth of talent available to us, and a wonderful opportunity to create a lasting legacy. For all those who enter the competition, there is the chance for personal achievement, whilst at the same time, the opportunity to create something which benefits all IOAPA-members in the future.

*Good Luck! Your Executive committee*

### Purpose

Why do we need a new logo?

- The IOAPA was told that the figures in the old logo (see on top) are Egyptian and not Greek. Due to the history of the Olympic games and the Olympic academy we should not go on working with this logo.
- The participants of the IOAPA-Session 2003 and 2005 agreed on the need of a new logo.
- The logo should be easy to be recognized and the design should be clear.  
(Examples: The Olympic rings; Nike-swoosh; Mercedes-Star;...)
- A logo is normally small and can be used on every written document or produced item.

### Respect the Olympic marks

As you all know, the Olympic marks are very well protected by the IOC and its Olympic sponsors. Therefore please do **not use** the words "Olympic"; "Olympiad" or "Olympian". Do also **not use** the symbol of the Olympic rings or the Olympic motto "Citius Altius Fortius".  
Exeptions: If you use the words International Olympic Academy Participants Association, then you are allowed to use the word "Olympic".

Example: The following logo can not be used, because it is already too close to the Olympic rings:



### Symbols

In the ancient and new Olympic history, the area of the Olympic academy and the whole world there are enough symbols which can be used in our new logo. Try to include the Olympic spirit and the IOA. Examples:

- |                                    |                                   |
|------------------------------------|-----------------------------------|
| • the flame                        | • the marble steps of the academy |
| • Atlas (Greek god holding globe)  | • group of people                 |
| • Focus – an eye, magnifying glass | • net/web                         |
| • columns                          | • ....                            |

The logo(s) can (should) also show what the IOAPA stands for: people from all over the world / peace / values / sport / friendship / ....

**!!!! Be creative and surprise us with your suggestion !!!!**

Please send your logo-suggestions via e-mail to our Marketing officer Axel Bammer under [axel@ioapa.org](mailto:axel@ioapa.org)

### Requirements

- At least the letters IOAPA should be included in the logo(s)
- In order to use this logo on the computer it would be good to have an electronic version of the logo(s). It needs to be vectorised (e.g.: Adobe illustrator; eps-version or gif-version)

### Logo Examples



### Deadline

Please send in your logo or logos via e-mail to our Marketing officer under [axel@ioapa.org](mailto:axel@ioapa.org) until **31<sup>st</sup> of January 2006**.

**A logo can just be announced as a winner if the person who created the logo signs the entry form!!!!**

If you cannot use a computer please send the logo with the entry form to the following address:

Axel Bammer  
Strohmayergasse 15/21  
1060 Vienna - Austria

### Decision process

The IOAPA Executive committee will make a pre-selection of 5 to 10 logos. These logos will be shown on the webpage of the IOAPA. You can vote on the logos by sending a mail to [axel@ioapa.org](mailto:axel@ioapa.org) with the number of the logo you like the most. Everybody can just vote once. After a deadline, which will be announced on the webpage and through the mailgroup, the logo with the most votes is winning the competition.

### Prizes

- 1<sup>st</sup> – 10 years of free IOAPA membership
- 2<sup>nd</sup> – 6 years of free IOAPA membership
- 3<sup>rd</sup> – 4 years of free IOAPA membership

### Logo design competition entry form

Please fill in the details below and enclose a hard copy with your entry.

Name: .....

Year of IOA-participation: .....

Address: .....

Country: .....

Telephone: .....

e-mail: .....

I hereby agree to assign the rights of my created logo(s) to the International Olympic Academy Participants Association if chosen as one of the winners.

Signature .....

Please send your logo-suggestions via e-mail to our Marketing officer Axel Bammer under [axel@ioapa.org](mailto:axel@ioapa.org)

## What Have They Been Doing? News from IOAPA Members

The 1980 USA Women's Olympic Volleyball Team was honored at USA Volleyball's 60th Annual Dorothy C. Boyce Annual Awards and Recognitions Banquet on May 26. Past president **Laurel Brassey Iversen** (USA) was a member of that team, which was very much a favorite for a medal in 1980. For many, the 1980 team changed the face of US volleyball forever. On May 27, the 1980 team traveled to Colorado Springs to visit its old "stomping grounds" at the United States Olympic Complex and to meet with the USA women's head coach "Jenny" Lang Ping and the current members of the national team. Congratulations Laurel!



Laurel (first from the left), her 1980 teammates and their coach the day they were honored for their achievements

Few months ago, **Sanjaye Goboodun** (MRI) received his MEMOS VII diploma. Also, he has recently been elected board member of his NOC and Treasurer in its Executive Committee. Finally, Sanjaye has been selected to chair the commission for education and environment of his NOC. Good luck in your new capacities!

**Narda S. Williams** (ANT) is currently working for the Melbourne 2006 Commonwealth Games Corporation as Program Coordinator of the Games Family Services. She is responsible for the Americas and Caribbean Regions. Narda said that if anyone is either living or visiting Australia, feel free to look her up. Here is her new contact information:

Work phone - 03 9136 2006

Home phone - 03 9826 4856

Mobile - 04 0056 0347

Address - 74/390 Toorak Road, South Yarra, Melbourne, Victoria, Australia 3141

**Carlos Manzur** (ECU) and **Cesar R. Torres** (ARG) lectured at a seminar organized by the Aruban Olympic Academy and sponsored by the Aruban Olympic Committee. The seminar was hosted on June 23-25. **Jennifer Molina** (ARU) was the driving force behind the seminar.

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conference and identified new goals for the next two years. Some of the goals were related to the Torino 2006 Torch Relay, Torino 2006 Kids Village, IOAPA logo competition and other marketing activities, increasing the number of IOAPA members, IOAPA website, Van Haute Scholarship Fund, and changes in the bylaws. An important proposal for partnership with the IOA was worked out, discussed and presented to Dr. Georgiadis. I learned a great deal through the interesting presentations about the Athens 2004 Reunion and Olympic Youth Camp, Torino 2006 Torch Relay, the 3rd IOAPA Winter Session in Innsbruck-Austria, IOAPA website in Denmark, School Olympic Games in Estonia, The International Year of Sport and Physical Education (IYSPE) 2005, and Sports in Saudi Arabia. Many new members contributed to the discussions, proposed new ideas and improved older ones. After some election misunderstandings, the new members of the Executive Board were elected, including the successor of former President Laurel Brassey Iversen.

In addition to the work, many free time activities were organized. As usual, sports and dancing groups were opened to everybody. The evening program, including ice-breakers, the eucalyptus groove party, social evening, farewell party and Zorbas night, had special meaning for me. Having a good time brought us together, old and new members alike. My first IOAPA conference was completely new experience for me. I saw so many enthusiastic people devoted to Olympism, working with energy and volunteering for IOAPA and the Olympic movement. Maybe that was the reason why I listened more than contributed. That was the reason why I said that the IOAPA session brought me back, not only to Olympia, which was my very first interest before the Session, but also to my Olympic belief. I returned home strongly motivated to work on the IOAPA goals and actions at the national level. I hope I can help improve the relations between my NOA and former IOA participants, between my NOC and young people highly interested in the Olympic Movement in my country.

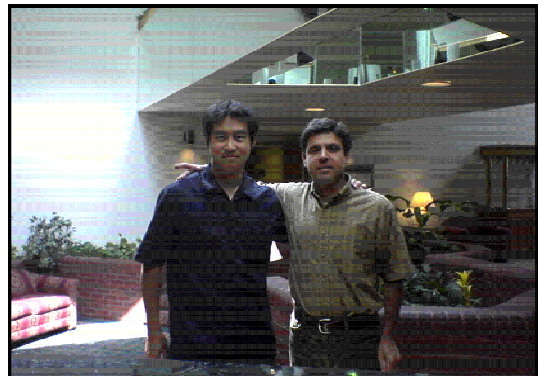
I think IOAPA has still many things to work on, to improve as any other organization that wants to be better. If we keep working with the energy I saw in the last IOAPA session, I believe the association will continue growing.

I know that Olympia is this kind event that can definitely turn and change one's life. It certainly changed mine. I want to thank to all of you for your enthusiasm and. A huge thank you to everybody who organized, and lent a hand, with the organization of the Session. I hope to see all of you again in the next IOAPA Session in two years time or maybe earlier in Torino next February.

Thank you for wonderful five days,

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**Yogo Suzuki** (JPN) and **Cesar R. Torres** (ARG) spent the morning of August 28 catching up in Rochester, New York. Yogo was in town as an official representative of the Buffaloes ORIX Baseball Club, a first division professional baseball team in Japan. He was scouting players for next year's season.



**Keep in touch and send us your news and updates!**



## Meet the New Executive Board (2005-2007)



From left to right  
Laurel Brassey Iversen,  
Axel Bammer, Andrea Fatzer,  
Cesar R. Torres, Vigdis Vatshaug,  
Carlo Farrugia, Giota Dandoulaki,  
Jeremy Cross, Panos Vassilaras and  
Hector Argüelles

Name:	JEREMY CROSS (Great Britain)
IOA years:	02 YP; 04 Postgraduate; 03, 05 IOAPA
Occupation:	Management Consultant and Sport Psychologist
Favorite quote:	Be the change you want to see in the world (Gandhi)
Personal goal for IOAPA:	To clarify our vision and to develop our structure so we become more valued as a significant resource for Olympic Education
IOAPA duties:	To facilitate the work of the Executive Committee and to represent IOAPA to external organizations
Name:	LAUREL BRASSEY IVERSEN (USA)
IOA years:	86 YP; 89, 91, 93, 95, 97, 99, 01, 03, 05 IOAPA; 97-05 Coordinator
Occupation:	Co-owner of Mauka (Mountain) & Makai (Ocean) Construction Company
Favorite quote:	Don't take life too seriously, you're not getting out alive (Bugs Bunny)
Personal goal for IOAPA:	To see the membership grow significantly and be accessible and viable to people from all parts of the world
IOAPA duties:	To provide continuity and help the new Executive Board whenever possible
Name:	PANOS VASSILARAS (Greece)
IOA years:	89 YP; 91-92 Staff; 01, 03, 05 IOAPA, 94-98, 00-05 Coordinator
Occupation:	Commercial Manager (Electronic Engineer)
Personal goal for IOAPA:	Increase participation in IOAPA session to 200 participants!
IOAPA duties:	Vice-president
Name:	VIGDIS VATSHAUG (Norway)
IOA years:	02 YP; 03, 05 IOAPA
Occupation:	Development Manager at the Norwegian Basketball Association
Favorite quote:	Coming together is the beginning. Keeping together is progress. Working together is success (Henry Ford)
Personal goal for IOAPA:	To improve the internal communication of the organization and find new ways to communicate with members. To develop the organization in the direction of a recognized contributor to the Olympic Education

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IOAPA duties: Responsible for all correspondence of the Association, maintaining the membership data base and document archive and facilitating the IOAPA Executive Committees email meetings

Name: CARLO FARRUGIA (Malta)  
 IOA years: 95 YP; 97, 99, 01, 03, 05 IOAPA; 99, 00 Coordinator  
 Occupation: Senior Manager. Information office. Malta Financial Service Authority  
 Favorite quote: Let's get things done  
 Personal goal for IOAPA: To make the IOAPA a larger and well known organization within the Olympic Movement  
 IOAPA duties: Try and increase the funds of the IOAPA and get a higher return for the available balances

Name: CESAR R. TORRES (Argentina)  
 IOA years: 91 YP; 95 Postgraduate; 03-05 IOAPA; 97-05 Coordinator, 04-05 Lecturer  
 Occupation: Assistant Professor of Physical Education and Sport (SUNY Brockport)  
 Personal goal for IOAPA: To strengthen the association  
 IOAPA duties: Publish *Arete*

Name: HECTOR ARGÜELLES (Spain)  
 IOA years: 02, YP; 04, 05 Postgraduate; 03-05 IOAPA  
 Occupation: IT consultant at Siemens in Munich, Germany  
 IOAPA duties: Improve the IOAPA presence on the internet, offering good quality contents and valuable services to the members

Name: GIOTA DANDOULAKIS (Greece)  
 IOA years: 02, 03, 04 YP and NOAs/NOCs; 04 Postgraduate; 05 IOAPA  
 Occupation: Studied Psychology in the Kapodistrian University of Athens. Works for the Hellenic Post Office Organization  
 Favorite quote: Love your friend, but admire you enemy  
 Personal goal for IOAPA: Strengthen the relations with IOA  
 IOAPA duties: Greek liaison

Name: ANDREA FATZER (Switzerland)  
 IOA years: 02 YP; 05 IOAPA  
 Occupation: Management  
 Favorite quote: We are not only responsible for what we do, but also for what we do not do. Molière  
 IOAPA duties: To not only keep friendship going on but also to strengthen, deepen and build upon for more understanding and tolerance

Name: AXEL BAMMER (Austria)  
 IOA years: 02 YP; 03, 05 IOAPA  
 Occupation: Marketing expert. Works for the Austrian ice hockey league  
 Personal goal for IOAPA: To find an international sponsor. To create a good corporate identity/design. To improve the structures of the organization and find new ways to communicate with members

## Memorials

During this year's session, IOAPA honored the memory of two of its members. Roses were planted in memory of Mariela Spasova (BUL) and Keith Sambo (AUS) in front of the old lecture hall.

Mariela Spasova and Geoff Yarema (USA) met at the IOA in 1986. Mariela was a World Champion Rhythmic Gymnast and traveled to North America where she performed in the original Cirque du Soleil cast. She and Geoff became friends during this time and later were married. They lived in Manhattan Beach, California and had a daughter, Valerie. A couple of years ago Mariela lost her battle with a brain tumor. She and Geoff attended many IOAPA events. Mariela will be remembered for her grace and beauty and her smile for everyone.

Keith Sambo was at the IOA in 2002. During the session, he shared his Olympic experience and treated us with the sounds of one his aboriginal instruments. Keith was invited back as a coordinator in 2003 and 2004. In 2003 he attended and contributed to our session. Keith passed away this January. Those of us who had the blessing of meeting Keith will remember him as a lively, charismatic, and charming person. Keith was definitely a very well respected personality in the Olympic Movement in Australia and beyond. We will greatly miss him.

## Did you know?

That in November 2002, the IOC decided at its Extraordinary Session in Mexico City, to curb the growth of the Olympic program and limit the number of sports in the Olympic Games of the Olympiad to 28. At the same time, the number of events was limited to 301 and the number of athletes to 10,500.

That the IX Paralympic Winter Games of Torino 2006, will be held from March 10-19. The Paralympic Winter Games is an integral part of the Olympic experience. During the nine days of events, Paralympians will compete in five sport disciplines.



ASTER (above) is the official mascot of the IX Winter Paralympic Games to be held in Torino from March 10 to 19, 2006.

### *From Laurel and Dave Iversen*

Dear friends,

I have some very sad news to tell you. On August 18, the day before I was returning to the US after the IOAPA session in Olympia, my stepson, Garrett Iversen, was shot and killed at the motorcycle shop where he worked. Garrett is Dave's youngest son (22), lived with us many years while he was in school, was married last February and welcomed the birth of his first son, Elijah, just 11 days before his tragic death. Garrett was just getting his life on track. He was a happy, fun-loving young man looking forward to raising his new baby boy. In a short time, I will be sending you more information and a way that you can help Garrett's wife Audra and young son, make it through this terrible time. Thank you for your cards, email notes, and prayers. They mean so much to us and have given us strength to endure this.

Laurel and Dave Iversen