

Arete

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"To ask the people of the world to love one another is merely a form of childishness. To ask them to respect each other is not in the least utopian, but in order to respect one another it is first necessary to know one another."

~ Pierre de COUBERTIN

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SPECIAL SALT LAKE CITY EDITION! President's Message

It has been a difficult time for all of us, but it seems as though things are beginning to return to some normalcy. I hope that all of us can return to our work in the Olympic Movement and help to spread the messages of Olympism. Personally, I have been deeply involved in my new work and have neglected my obligations. I am ready to get back to IOAPA business and initiate some dialogue between us. Please let us know about your projects and activities, no matter how small they may seem to you. I have heard from a few of you, but I want to know more. I had the great opportunity to attend the Winter Olympic Games in Salt Lake City. I was a spectator and I also volunteered at USA House a few days. USA House was the USOC's hospitality center for sponsors and VIP's. Many of our past Olympians volunteered to host the center. I met a lot of wonderful people and some of our great Olympians. I was very happy to see our former NOC President and great coach, teacher and proponent of Olympic Education, Dr. Leroy Walker.

My husband Dave and I also spent many hours at the VISA Olympians Reunion Center. Visa has sponsored the center since Atlanta 1996 as a gathering place for all Olympians. It is a fantastic place to relax, have some refreshments and a nice simple meal, and meet other athletes from all over the world. It is a great form of Olympism. The first night we went there I



met Sue Holloway (CAN) who was at the IOA with me as a participant in 1986. Sue now works for the Canadian Olympic Association.

I received a commemorative book about the 2002 Games, a t-shirt, and a vest, and one night we received tickets to the Medals Ceremony at Olympic Plaza. It was exhilarating to see the athletes being awarded their medals. There were no American medalists that night but I was so proud to be an American. The spectators were wild with admiration for each medallist. I was filled with the Olympic Spirit and wished I could compete again.

We saw some fantastic events: men's downhill, pairs figure skating, ski jumping, short track speed skating, women's luge, ice hockey, and watched even more on television.

We didn't freeze to death, as we had feared. Downtown Salt Lake City and Park City were filled with people from all corners of the world. Everyone was having a fantastic time. There were many activities and festivities going on

at every corner. The winter games seem to have a friendlier atmosphere for some indefinable reason. Security was evident everywhere but all of the security people were friendly and helpful.

We also visited the Greek Ministry of Culture's exhibit for Athens 2004 and an exhibit of Athletes in Antiquity: Works from the J. Paul Getty Museum. The exhibit was small but the pieces were fantastic.

There were many IOAPA's at the Games. We scheduled two get-togethers. Many could not make it due to their commitments. The first evening my husband and myself, Ingolfur Hannesson (ICE) past IOAPA president, and Holger Preuss (GER) met and had a great evening together.

Geoff Yarema (USA) and his wife Mariella (BUL) who met at the IOA 1986, Ingolfur Hannesson (ICE), Gary Moy (USA), Bulent Bulut (TUR), my husband and myself attended the second meeting. We had dinner together and reminisced about the "old days". We also pledged to meet in Athens 2004. We had a super experience at our first Winter Games. I am humbled but proud to be part of the Olympic Movement. It is the greatest peace movement in the world today.

I hope to hear from more of you soon. Keep the spirit strong!

Sincerely,

Laurel Brassey Iversen
President

The IOAPA in Salt Lake City: Some impressions of members who were at the Olympic Winter Games

My impressions of Salt Lake by Rowland Jack (GBR)

As a very new staff member at the International Skating Union I was in Salt Lake to learn, to get to know ISU officials, and to help out wherever I could. Early in the morning on the day before the Opening Ceremony I was summoned by the ISU General Secretary to the Little America Hotel, where the IOC and other senior officials were staying. The lobby was buzzing with activity. IOC members, NOC representatives and SLOC staff rushed back and forth or talked in small huddles. When my boss arrived he introduced me to the Technical Delegate for Speed Skating, who was going to show me around. We were whisked away to the Utah Olympic Oval in one of a fleet of waiting Chevrolets. Mr Panov, a former speed skater, took me around the venue and introduced me to a bewildering array of people. We passed somebody in the corridor and Mr Panov stopped him: "I have some statistics for you."

We went into the office and Mr Panov showed some papers with Olympic results to the unknown man. I could see he had an NBC badge but the name was hidden.

"Here's a list of skaters by the number of Games they have competed in," said Panov.

"There's me on 4 Games," said the man.

I realised that he was none other than Dan Jansen, speed skating gold medalist in 1994 and one of the subjects of the Celebrate Humanity campaign... He would be commentating

for NBC television.

By great good fortune I was invited to Swiss House on 10 February, the day that Swiss ski-jumper Simon Ammann had won the first of his two gold medals. There was a tremendous atmosphere as we watched the medal ceremony on television. Later in the evening Simon Ammann came in, wearing his now famous Harry Potter glasses, and was interviewed for Swiss TV. The chef had made a cake in the shape of a ski-jump. I noticed he only ate a very small piece - his second event had still to come.

As for overall impressions, I have to say that my week in Salt Lake was a priceless experience. The competition was wonderful, everything ran smoothly and people were very friendly. I left just as the skating controversy was gathering momentum and I can't really comment on it here. It does seem, however, that the Games are a victim of their own success. The stakes have become so high and the pressure so great that something, somewhere has to give.

Rowland Jack
jack@isu.ch

Games Frenzy by Todd Allison (CAN)

What an experience I've had at the Salt Lake City Olympic Winter Games. In my role as Team Leader for the Canadian Freestyle Ski Team (Men and Women, Moguls and Aerials), I had my hands full. I naively went to Salt Lake thinking that I would have time to take part in some

of the cultural events, a number of sporting events and keep up on my correspondence with friends and work colleagues – how wrong I was!

Our team(s) were concerned about the travel distance between the Deer Valley Ski Resort and the Olympic Village so we chose to split our team's time between the two residences – while this added to my logistical workload, it was a wise decision for us (in hindsight).

My days were full! A typical day started with a departure to the hill from the village at 7am. Close to 100 received mobile phone calls, four hours on the hill, a team captain's meeting and a lot of problem solving before walking back into the village at 8pm. On my return, I found that there were a number of requests to solve and other communication and logistical challenges to figure out. Like an Academy experience, sleep was somewhat optional but the social aspect certainly wasn't as high on the agenda. I usually retired about 2 AM to rest for the next day of activity!

Successful performances by some of my athletes and disappointing performances by others served to increase my workload! People ask me if I had a good time at the games and in hindsight I can say absolutely but during the games, there was no way I could have thought it was fun! It was non-stop go, go, go trying to insulate the athletes I was volunteering to represent by insulating them from extraordinary requests and allowing them to focus on their task at hand, competing and choosing the social and cultural events they wanted to take part in before their competition.

I wouldn't change my experience

for the world. While I was overwhelmed at time, it was quite an experience. It was great to see how well Salt Lake City rose to the challenge they faced with security and put on such an incredible games for the athletes of the world. The way the worked their landscape, heritage, art and lives into each element of the games was impressive; subtle yet effective. The lessons I learned in Olympia helped me understand why different elements of the games were included such as the natives dances and singers, the art work that featured athletes over Utah landscape features and the magic of the Olympic traditions.

My Salt Lake experience was like being on an amusement ride that was out of my comfort zone. If I could have stepped off, I might have but once the ride finished, I can look back at it as the ride of my life. Did I have fun at the games – no. Was the time spent their enjoyable – absolutely. Was Salt Lake City and experience – that of a lifetime!

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*Thomas Worz (AUT), a member of the 1988 Austrian Four Man Bobsled Team, served as Austria's first sports psychologist at the Salt Lake City Olympic Winter Games. An article from a Salzburg, Austria, newspaper (submitted by Thomas) is reprinted here.*

## Erfolg mit mentaler Hilfe

Erstmals in der Historie der Olympischen Spiele tritt der ÖSV mit einem Mentaltrainer zum Kampf um Gold an: mit dem Salzburger Thomas Wörz.

23. Februar 2002

SALT LAKE CITY (SN-eth). In den Vereinigten Staaten gehört er bereits seit Jahren zum Repertoire einer Er-

folgsmannschaft: ein Sportpsychologe, Mentaltrainer, Seelendoktor. Einer jedenfall, der nicht die körperlichen Wehwehchen der Spitzensportler kuriert, sondern sich mit deren Gefühlszuständen, Ängsten und Zweifeln beschäftigt. Das macht Sinn: in der Sportwelt des beginnenden 21. Jahrhunderts siegt nicht jener Athlet mit dem besten Körper (den hat auf olympischem Niveau ohnehin fast jeder), sondern jener mit dem stärksten Geist.

Der Österreichische Skiverband als vorausblickende Organisation hat die Zeichen der Zeit erkannt. Erstmals treten die alpinen Skirennläufer und -läuferinnen mit einem Mentaltrainer an ihrer Seite zu ihren Konkurrenzen an. Die Wahl fiel auf den Salzburger Thomas Wörz (39), der selbst auf eine beachtenswerte Karriere im Leistungssport zurückblicken kann: Österreichischer Meister im Hürdensprint 1983, Olympia-Teilnehmer im Viererbob 1988. Der Sportwissenschaftler und Psychotherapeut, der als Geschäftsführer dem LZ Schul-Sport-Modell vorsteht, hat sich schon in den vergangenen Jahren in der Skisportszene einen Namen als Mentaltrainer gemacht.

"Meine Aufgabe in Salt Lake City ist, die Skirennläufer psychologisch zu unterstützen", sagt Wörz, der auch mit Cheftrainer Toni Giger seit Jahren eng kooperiert. "Jeder Sportler muss den optimalen Leistungszustand anstreben. Um diesen zu erreichen, muss der Rennfahrer mit Bedingungen und Einflüssen und dem Erwartungsdruck zurecht kommen." Das simple Schema, das der Salzburger anführt, lautet: jedem Athleten stehen hundert Prozent Leistungspotenzial zur Verfügung minus den Störfaktoren. "Grübelkreisläufe können entstehen, wenn sich der Fahrer sagt, dass es nicht seine Wetterbedingungen sind, ihm die Kurssetzung nicht behagt, das Material nicht passt, Äußerungen im

Vorfeld des Rennens belastend waren und Ähnliches. Dadurch reduziert sich das Potenzial."

Wörz agiert bei den Olympischen Winterspielen in zweifacher Hinsicht. Bei jenen Läufern, zu denen er auf Grund vergangener Zusammenarbeit eine positive Beziehungsebene entwickelt hat, wird sein Mentaltraining ein wichtiger Bestandteil des Trainingsprozesses sein. Einer zweiten Gruppe interessierter Athleten brachte der Psychologe in wenigen Treffen Verhaltensstrategien näher, um sie für bestimmte Situationen zu rüsten: zum Beispiel auf Unterbrechungen, Änderung der Bedingungen, Zuschauereinflüsse. "Das Wissen um die eigene Vorbereitung gibt Sicherheit und Selbstvertrauen, Hilflosigkeit ist hingegen das größte Problem des Athleten: sie wirft ihn aus dem Konzept", sagt Thomas Wörz zusammenfassend.

"Die Hauptaufgabe der Favoriten wie Stephan Eberharter oder Fritz Strobl ist es, den Erwartungsdruck abzubauen. Ergebnisdruk während der Handlung ist kontraproduktiv. Gedanken, die hingegen das Gefühl der Freude am Skifahren unterstützen, sind wesentlich erfolgreicher", meinte Wörz. An Medailengewinne soll eben nicht vor und während der Konkurrenz gedacht, sondern dar-über nachher gejubelt werden.

Mit Fritz Strobl arbeitet Wörz seit 1999 zusammen. Die Mentalbetreuung war ein wichtiger Mosaikstein im Gesamt-Betreuungsumfeld des neuen Abfahrts-Olympiasiegers.

© SN.

# PHOTO EXHIBITION FOR THE 40 YEARS OF THE INTERNATIONAL OLYMPIC ACADEMY



## APRES ATHENES L'EXPOSITION PHOTO CONSACREE AUX 40 ANS DE L'ACADEMIE INTERNATIONALE

Athens, 10 April 2002

More than 200,000 people visited the photography exhibition "40 years of the International Olympic Academy", presented by ATHENS 2004 at the Syntagma Square Metro Station.

Visitors had the opportunity to see some of the 15,000 negatives of films, depicting unique moments in the history of the Olympic Flame. The exhibition also included photographs from Olympic Seminars, sports agencies and events organised by the International Olympic Academy and the Hellenic Olympic Committee.

The collection is part of the "United Photo Journalists" photographic archive that ATHENS 2004 acquired and classified. Moreover, it is framed by historical research material. The exhibition closed yesterday. It will now travel to Olympia, home of the International Olympic Academy, Lausanne, and a number of other cities in Greece and abroad, promoting the work of the IOA.

Athènes, le 10 avril 2002

Plus de 200.000 visiteurs ont découvert les archives photographiques «40 ans de l'Académie Internationale Olympique», présentées par ATHENES 2004 à la station de metro Place Syntagma (de la Constitution).

Composée de certains des 15.000 négatifs des films conservés, l'exposition qui a fermé ses portes en fin de journée, offre des instantanés uniques de l'ensemble des cérémonies d'Allumage de la Flamme olympique et de son parcours dans le monde entier. Elle propose, en outre, des images des Congrès olympiques et des associations sportives, tout en reflétant quasiment la totalité des activités de l'Académie Internationale Olympique et du Comité Hellenique Olympique.

Il s'agit d'une grande partie des archives des «Reporters Photographes Unis», acquises et classées par le COJO ATHENES 2004, que vint compléter le matériel compilé grâce à la recherche historique. Témoin de l'action de l'Académie Internationale Olympique, dont le siège est à Olympie, cette exposition rejoindra, après son séjour à Syntagma, Olympie puis Lausanne. Il est d'ores et déjà question de l'organiser dans de nombreuses villes grecques et à l'étranger.

# ATHENS 2004 MASCOTS ~ Les mascottes d'ATHENES 2004

## Athens, April 9, 2004 ~ Athenes, 9 avril 2002

Phevos and Athena have embarked on their long journey around the world. The two new ATHENS 2004 ambassadors will carry the Olympic message to the ends of the world, to the young and old, athletes and civilians, people of every background and culture. . A brother and a sister will represent the four values of the 2004 Olympic Games:

\*HERITAGE: Phevos and Athena were inspired by an ancient Mycenaean doll. Similar dolls can be seen at the Athens Archaeological Museum, as well as at the Louvre in Paris and museums in Berlin and Boston. Their names come from two ancient Greek gods: **Athena**, goddess of wisdom and peace and protector of Athens, and **Phevos**, otherwise known as Apollo, god of light and the arts

\*HUMAN SCALE: **Phevos** and **Athena** are brother and sister and, as such, represent the Olympic idea of brotherhood.

\*PARTICIPATION: The two mascots are dolls. They represent the enjoyment of the Games; they highlight the importance of participation and fair play valued above victory.

\*CELEBRATION: They participate in the greatest celebration of humanity; they celebrate the Olympic ideals. Their colours reflect the blue of the sea and the warm orange of the sun. Both colours are bright and lively.

The mascot is one of the most important symbols of the Olympic Games. Designs displaying Athena and Phevos will participate in each and all sports that are now being developed. They will highlight their cheerful character, and complementary partnership.

They will participate in team sports: Phevos will be passing on the baton to Athena; individual sports: Phevos will become one with his horse in his attempt to go beyond human limits; they will learn to hold a racket and use a bow, etc. A number of sports present exciting design potential: how expressive can their face become when they wear goggles? In basketball, team effort will be highlighted: Phevos carrying Athena on his shoulders and helping her reach the basket. The pictures of the two mascots on T-shirts will be further inducement for the people who wish to exercise or take up some sport.

Phevos and Athena will be present at each sporting event, where the joy of sportsmanship is combined with the enthusiasm of victory. The two mascots will serve as the link between the past and the present. Their presence in the Torch Relay ceremony, and the Olympic Torch Lighting ceremony, will mark one of the most important moments of the Olympic Games.

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### THE DESIGNS OF PHEVOS AND ATHENA

\*Their basic design and proportions are the same with those of the ancient doll.

\*Their design underlines the equality of man and woman.

\*The two mascots highlight that participation is valued above victory.

\*Their minimalist design is easily recognized and remembered.

\*Beneath their modern interpretation their clothes remind us of a tunic and their design bears details of the olive wreath.

\*Phevos carries the blue colour of the sea, colour of the Olympic emblem.

\*Athena carries the orange of the sun and the Paralympic emblem.

\*Their line is similar to that of the emblems.



Athena Phevos

Phevos et Athena se sont embarqués sur leur long voyage autour du monde. Les deux nouveaux ambassadeurs d'ATHENES 2004 porteront leur message olympique aux petits et aux grands, aux athlètes et à tous les citoyens de la terre, aux peuples ayant des us et coutumes divers, des idées et des racines culturelles différentes. Un frère et une sœur représenteront les quatre valeurs des JO de 2004 :

\*HERITAGE: Les deux mascottes, Phevos et Athena, sont inspirées d'une poupée d'origine mycénienne qui se trouve au Musée Archéologique d'Athènes. Des pièces similaires sont exposées à Paris, à Berlin et à Boston. Ils portent les noms de deux déesses grecques: Athena, déesse protectrice de la ville d'Athènes, symbolise la paix et la sagesse. Phoebos, autre nom d'Apollon, dieu de la lumière et de la musique

\*HUMANITE: Phevos et Athena sont frère et sœur et symbolisent ainsi l'idéal olympique de la fraternité.

\*PARTICIPATION: Les deux mascottes participent avec joie à tous les

sports olympiques. Elles attirent l'attention sur la participation, le fair-play et l'esprit d'émulation.

\*CELEBRATION: Ils célèbrent les idéaux olympiques dans la plus grande fête de l'humanité. Ils font jaillir une explosion de joie et de couleurs : le bleu de la mer et l'orange du soleil, couleurs vives et pleines d'entrain.

La mascotte est l'un des éléments les plus importants des Jeux Olympiques. Des dessins démontrant la participation d'Athena et de Phevos à tous les sports sont en développement. Ils serviront à relever leur joie de vivre et leur esprit de camaraderie.

Ils participeront à tous les sports d'équipe : dans la course de relais Athena prendra le témoin des mains de Phevos ; aux sports individuels : Phevos fera un avec son cheval dans un effort pour se surpasser ; ils apprendront l'art de tenir une raquette de tennis ou de tirer à l'arc, etc. Un grand nombre de sports présentent de belles opportunités d'expression graphique : quelles expressions prendront leurs visages quand ils porteront des lunettes de natation ? Au basket, l'esprit d'équipe sera mis en valeur : Phevos portera Athena sur ses épaules tout en l'aidant à atteindre le panier. Des T-shirts décorés des deux mascottes seront encore une bonne raison du succès escompté auprès des petits comme des grands - surtout auprès de ceux pratiquant un sport.

Phevos et Athena seront présents à tous les événements sportifs, ou l'esprit sportif s'unit à l'enthousiasme de la victoire. Les deux mascottes serviront de lien entre le passé et le futur, l'Antiquité et les Jeux Olympiques modernes. Leur présence lors de la cérémonie du Relais de la Flamme ainsi que celle de l'Allumage de la Flamme Olympique marqueront un des moments les plus émouvants des Jeux Olympiques.

### LE DESSIN DE PHEVOS ET D'ATHENA

\*Le croquis de base et les proportions sont les mêmes que ceux de la poupée antique.

\*Leur trace accentue l'égalité entre l'homme et la femme.

\*Les deux mascottes soulignent le fait que la participation a plus de valeur que la victoire.

\*Leur dessin minimaliste est facile à reconnaître et à retenir.

\*Phevos est vêtu de bleu, couleur de la mer ainsi que celui de l'anneau olympique.

\*La couleur orange d'Athena représente le soleil de la Grèce et l'emblème paralympique.

\*Leurs tuniques sont décorées de branches d'olivier sauvage.

\*Le trait du dessin est celui de l'emblème.



## The Olympia Friends Club by Elena Malikova (Slovakia)

More than one year passed since our session in Olympia, however I will not exaggerate if writing that the moments spent in this place stayed strongly in my heart till now.

Why I am writing all this? A lot of things changed in our lives since our common session in Olympia in 2000 but I am sure that Olympia addressed all of us and therefore is still alive in us.

Maybe you remember my speech concerning my effort to qualify to Olympic Games in Sydney in modern pentathlon and my unsuccessful Olympic qualification.

I thought after I did not succeed in qualification to Olympic Games that my Olympic dream disappeared forever and my Olympic way is the past closed by door with seven locks and it would be difficult to open them again. I considered Olympia to some plaster for Sydney and it was difficult to cope with bitterness of the loss but in Olympia I understood that I am standing just at the beginning of my Olympic way. The way that offers wide range of possibilities.

It is said, that everybody who is intensively connected to sport in some way, should at least once in the life visit Greek Olympia, the place where sport was born. I am grateful to my destiny that I was also honoured to be there. And to understand also with my heart what is possible to find in the books. Olympism - it is not only Olympic Games. It is not only sport. It is not only victories and glory. Olympism - it is a development of body and soul in a harmony. Olympism - it is the understanding of other nations and their cultures. Olympism - it is a respect of each other despite of different point of view. Olympism - it is understanding. Friendship. Respect. Fair play.

I am grateful to all of you that I could understand all this in Olympia. I wanted to give Olympia back something for it. It was the main reason why we created with Igor Kovac (yes, the walking encyclopedia on Olympism ) the **Olympia Friends Club** in Slovakia right after coming back to Slovakia. The aim of Olympia Friends Club is to inform people about Olympia, about the seat of International Olympic Academy and its activities as well as disseminate the Olympic ideas among the people, focusing on the youth.

How we are doing it? First, we addressed people who have already been in Olympia as the delegates of Slovakia at various sessions of International Olympic Academy (young participants, journalists, presidents of national Olympic academies...) and asked them for their contributions (written words, photographs, pictures and other materials). We gained them and made a first bulletin where

compressed information on Olympia is presented in an attractive way because all the materials are not only of deep value as for the information but also full of enthusiasm of people who personally visited Olympia.

Second, we created the web site informing the public about Olympia, about the seat of International Olympic Academy and its activities. You can find it on: [www.kpo.sk](http://www.kpo.sk) however, it is written only in Slovak language for this moment as the main purpose is to inform the people in our country but we intend to translate the articles also in English with time in case there is any useful reason.

Third, we are using the media in our country to inform public about Olympia Friends Club and its activities, to promote information concerning Olympia, about the seat of International Olympic Academy and ideas of Olympism in general, focusing on the harmonious development of mind and body and educational aspects.

The condition to be a member of our Olympia Friends Club is very simple: every person whose life has been connected somehow with Olympia (if visiting personally this place or not) and who would like to promote its ideas in Slovakia. Everybody who ever lived some days the special atmosphere in Olympia and would like to keep it alive also when coming home to his own country can find here an excellent chance to create his own space for it. However, we do not want to have any limits for this club, so the members can be also people without visiting Olympia before but with a deep relation to this sacred place, with good will to do something in the welfare of Olympism and a taste to help in some way in promoting our ideas.

You would be surprised how it is working. We have a strong support of our Olympic Academy in Slovakia, even the presi-

dent himself of Slovak Olympic Academy provided us with a contribution of very high level for our bulletin and a web site.

The recent activity of Olympia Friends Club is the Comenius Programme financed from the sources of European Union. The main target of Comenius Programme in general is to connect the schools in several European countries on the base of partnerships and to achieve the common final product focusing on some field. We have created the project Olympism that is suitable for children from 6-10 years. Comenius Programme is supervised by the national agency Socrates that is nearly in all European countries. If taking it from a good side - a simple project can have enormous profit for the school. All details you'll find easily on internet, however, in case interested and having problems to find it, I can provide you the web sites contacts for Socrates in all the European countries.

For the future we have a very courageous idea to find a way how to create the Olympia Friends Clubs in more countries in the world and connect their activities internationally.

We do hope that in the age of computers it would be then very easy to create the next step: CHANNEL OLYMPIA which will link the web sites of all the Olympia Friends Clubs in the world and would give a synergetic effect to our efforts. As the EFFORT IS THE SUPREME JOY, isn't it?

Any questions, ideas or comments are highly appreciated. The more heads, the more brain. Do not hesitate and contact me: [malikova@isnet.sk](mailto:malikova@isnet.sk)

I would be grateful for them.

CHANNEL OLYMPIA could be a perfect place to everyone with a good will to put his own drop and to continue in his own country the mission we started in Olympia. It would show the strength of the friendships of the people all over the world.

With the best wishes for the New Year



**L to R:** Igor Kovac and Elena Malikova (Slovakia), and IOA President, Mr. Nikos Filaretos.

# Returning to Olympia

By Erling Joensen (DEN)

August 2001

It has been a great time in Olympia, and I'm happy for showing my Danish colleagues and my wife, Anne Wibeke, this place you and I have gone back to every time when we get the chance.

My dream of two years ago when I was laying in bed in Olympia (sick with appendicitis) to bring 40 Danish teachers to Olympia has become reality, and everything went very well. Now I'm sitting back home in Denmark again - and I'm a happy man.

We had our own professor with us, and he was very good and his teaching was on a high level. He knew everything about ancient Greece. On the way back to Athens we went through Delphi and it was fantastic.

Thirty-six people together for eight days, brings people close together. We had a lot of fun together, played volleyball, stayed at the pool, and in the lecture hall. We had very good group discussions. Some of our teachers made speeches. Yes, it has been wonderful!

It is very interesting to try to bring a group from your own country together in the Academy. It has been another way, a different way to be there, other than in our sessions, but a very good feeling.

I will be ready next time to go to Olympia and see you, the Academy and all our other friends. We are a part of the Olympic Academy's history, and will always be so.

## NEW ADDRESSES:

Hello everybody. I have a new e-mail address: manilizs@aol.com — *Maniliz Segarra (Puerto Rico)*

~0~

Please note that as of Thursday April 18, 2002, I will be employed by the World Anti-Doping Agency (WADA). My last day at the Canadian Olympic Association will be Monday, April 15. If you need to contact me for professional or urgent matters, my new coordinates at work will be Address: World Anti-Doping Agency

(WADA), Stock Exchange Tower, 800 Place

Victoria (Suite 1700), P.O. Box 120. Montreal (Quebec), H4Z 1B7

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*Marie-Claude Asselin (Canada)*

~0~

My new e-mail:

laura.capranica@iusm.it is already active. ~ *Laura Capranica (Italia)*



European Woman and Sport April 18-21 Berlin, presented "Woman Sports and Innovation." IOAPA participants were Moran Betzer-Tayar (Israel), Lone Jakobsen (Denmark), Andreas Hofer (Germany) and Maniliz Segarra (Puerto Rico)



Gloria Castilla-Lattke (ESP) and Kari Korpela (SWE) and the new addition to their family Vilhelm.

# Arete

THE NEWSLETTER OF THE INTERNATIONAL  
OLYMPIC ACADEMY PARTICIPANTS' ASSOCIATION

DEADLINE FOR NEXT ISSUE:  
**1 September 2002**

Send all submissions, comments and or  
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**IOAPA APPLICATION FORM:** For a two year membership  
please send the following information, along with a check for \$30.00 (US), or the  
equivalent in your currency, made out to the **IOAPA** to:

**Paul Baldacchino, IOAPA Treasurer**  
259 Mitrovich Street  
Pembroke STJ-14, MALTA  
E-mail: pauldacchino@yahoo.com  
(please print or type all information clearly)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

FAX: \_\_\_\_\_

E-mail: \_\_\_\_\_

IOA SESSION(S) ATTENDED: \_\_\_\_\_

**(you MUST have attended an IOA Session to join the IOAPA and  
this information MUST be supplied!!!!)**

IOAPA Conferences Attended: \_\_\_\_\_

## IMPORTANT MEMBERSHIP INFORMATION!!!!!!!!!!!!

On the mailing address label is a number after your name. This number is the year your IOAPA membership expires. If you do not renew by the end of that year you will be dropped from the IOAPA membership roster and will not receive the newsletter or be allowed to attend the IOAPA Conference. Those with "life memberships" will have (L) after their names and do not have to renew their memberships. For example, *if your number is (01) your membership ends on December 31, 2001*— if you do not renew your membership this will be your last issue of *Arete* and you will not be eligible for future IOAPA conferences and activities. In order to renew, immediately send a check or money order, made out to the **IOAPA**, for \$30 (US), or the equivalent in your currency, for a two year membership to:

**Paul Baldacchino, IOAPA Treasurer**  
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Tel: +356-248411; E-mail: pauldacchino@yahoo.com

*We hope you choose to remain a member of the IOAPA and renew your membership!*